BALMORAL HALL
MELIORA
PETENS
B H
OPTIMA ANNI

Be Confident

Be Strong

Don't

Worry!

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2014-2015 Prefects

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Jim Perchaluk
Chair of the
Board of Governors

"Don't Worry, Be Happy" - what a great theme you had for this year, your final year at BH. It sounds so easy to do but in practice, it's not so simple, especially when your future is still very much an unknown. Last year, I commented to the graduating class that they had certainly left their mark on the school, but that the school has also left a mark on them. I believe this is true for you as well and as you look back to your time at BH, I hope you find it provided you with a foundation from which you won't have to worry as much as some, and you will find yourself happier than most.

Good luck with your future, girls... and be happy!

Shawn Nason
President of the
Parent Association

To the Graduates of 2015, don't worry, your post-secondary exams are only a few short months away. Be happy because your parents won't be making sure you are prepared.

In all seriousness, on behalf of the Balmoral Hall Parent Association, our thanks go out to you for your contributions in your final year at Balmoral Hall towards the community spirit of our school. To our parents, grandparents and other family members thank you for your contributions to our community as well in 2014-15.

Nancy Cipryk '86
President of the
Alumnae Association

On behalf of the 7,000 Balmoral Hall School alumnae that I represent, I would like to congratulate you on a job well done and welcome you to a very privileged group of ladies who have had an all girls education second to none! Be proud, stand tall and be the very best you can be in whatever field you choose. BH has given you an amazing base from which you can excel, reach and lead! You won't be in the halls every day, but BH will be in your heart. Please stay in touch with us and give back to the very place that gave you your start!

I wish you all the very best!

Joanne Kamins
Head of School

Throughout Balmoral Hall School, girls find opportunities for growth in academics, arts, and athletics. I measure their growth in risks taken, problems solved, and independence gained. These are the hallmarks of lifelong learners.

Celebrating our shared love of learning, I am pleased to reflect on this truly remarkable year. Students often demonstrated their leadership in community service, offering aid as far away as Ecuador's Galápagos Islands during a spring break service learning experience. Academically, students continued to excel. The Class of 2015 earned extraordinary recognition from universities of choice in terms of program acceptances as well as financial incentives. Artistically, students shared their creativity, talent, and passion through The Cre8ivity Project, with artwork shown at Cr8ery Gallery, as well as a variety of choral, dance, and dramatic performances year-round. Athletically, students bravely pursued their goals in hockey, basketball, curling, soccer, and other sports.

BH girls are paragons of confidence, competence, and connectedness. This year, student leaders inspired their peers with a theme of, "Don't worry. Be happy." which had a profound impact. Students, your enthusiasm, positivity, and grit made this year such a special one, and for that I happily thank you!

Jodi Hafenbrak
Principal of
Middle and Senior School

Congratulations to all of the students on a terrific school year. "Don't Worry, Be Happy" was the prefect choice for a theme! Students embraced this idea all year long by participating in sports, musicals, debate and clubs with enthusiasm. You also made us proud with your academic achievements. I hope that when you look at your yearbook, the photos bring a smile to your face as you remember your friends and the times spent together. You showed amazing school spirit and I am truly thankful to be able to work with each and every one of you.

I would also like to congratulate the graduating class of 2015. Your days at Balmoral Hall are now finished and you are on the road to new endeavours and challenges. It is important to continue to believe in "Don't worry, Be Happy" as you start the next phase of your life, as it will help guide and support you when your path becomes rocky. You are a group of strong, confident young women and I believe that you will all go on to do great things. Make sure to come back to BH and share with us the stories of your success! We will miss you!

Judith Steek
Principal of
Junior School

To those responsible for the creation of this yearbook - congratulations! What a lovely culmination of another wonderful year. It truly represents the highlights of this year and demonstrates the caring, engaging and challenging environment at BH.

The prefects' theme of the year, Don't Worry, Be Happy, encouraged all students to overcome fears and worries, and to embrace the challenges that are presented throughout the school year. They promoted healthy choices and the thought that we are in charge of our own happiness and that we can be creators of happiness in others. It is said that "happiness does not come from doing easy work, but it is the afterglow of the satisfaction that comes after the achievement of a difficult task that demands our very best".

John Lennon wrote, "When I was 5 years old my mother told me the key to life is happiness. When I went to school they asked me what I wanted to be when I grew up. I wrote happy. They told me I didn't understand the assignment, I told them they didn't understand life." And so to our graduates, as you move onward and upwards, seeking better things; remember to work hard, live, love and laugh, and especially to be happy!

Wazzaaaaaap!!!! Well peeps, what can I say? It's been a slice! Ever since I was a sweet little nugget starting my first day at BH, I knew that I wanted to be head girl. In my humble opinion, the Don't Worry Be Happy motto was a total success. I have never seen the student body so spirited and involved. Being head girl has been an awesome experience and I hope I've made a (positive) impact on your lives this year. From birthday donuts to the best spirit week ever, none of this could have happened without the rest of the amazing prefect team, and of course, the unstoppable Darlene Sveinson. You are some of the brightest most creative minds I've seen. Seriously, hats off to you guys, you're awesome. I'd also like to thank the rest of the entire school (yeah, you!) for making all this happen. BH is my second home, graduating is bittersweet, but this school has made me the woman I am today (and let's face it, I'm awesome, and modest). Thank you for an awesome 14 years, if I have been able to give back as head girl half of what this school has given me, then I've done a good job. From the words of Keith Forsey and Simple Minds, "don't you forget about me," Jane Guberman, 'chill' head girl.

Jane Guberman
Senior School Head Girl

Victoria Stefanson
Middle School Head Girl

Thank you for giving me the opportunity to be your 2014-15 Middle School Head Girl. I think it is safe to say that we have had an amazing and successful year. This year would not have been possible without the guidance of Mrs. Sveinson and the hard work of our Student Council. Thank you Middle School and Senior School Prefects for all your help in coordinating this year's events. . Last year, I had no idea what Head Girl was going to be like, now I have made fantastic memories, learned a lot about leadership and most of all made lifelong friendships. This year our theme "Don't Worry Be Happy" was reflective of the experiences we realized collectively as a group of students. As the time in middle school comes to an end for the grade eights, we look forward to what awaits us in senior school. Best of luck in the 2015-16 school year!

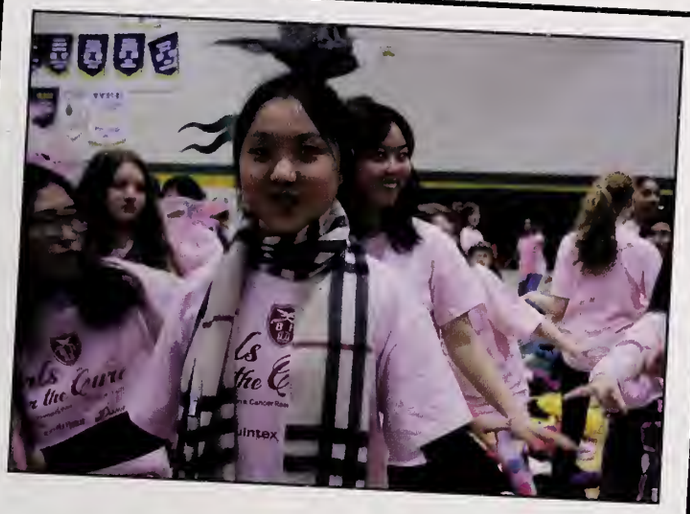
Krissia Zhao, Lily Li, Kim Jin, Emily Thompson, Gracie Gu, Sam Machado, Katherine Burley, Rachel Bernhardt, Sophia Buller-Courage, Lora Hu, Victoria Young, Brooke Antman, Terri Erdman, Munroop Bhandal, Bridget Beauregard, Olivia Kim, Carrington Dong
Missing Alex Trann, Emily Chen

Hello Everyone! I honestly cannot believe that the year has come to an end. My time at BH is filled with many memories that I will never forget. I'm very grateful and honoured that I was able to work as a part of the Yearbook Crew! Thank you Yearbook Crew for all the hard work that you've done meeting deadlines and liking the random snacks that I brought. Without your dedication, we wouldn't have created this wonderful book of memories. Thank you so much Mrs. McDonald for keeping the team together and bringing the most delicious and mind blowing snacks. You have the biggest heart and are the reason Yearbook exists! This year has given me many wonderful learning experiences that helped me to be the Olivia I am today. Unfortunately, for now, this may be a goodbye, but BH will definitely be a big book in my heart to open up from time to time wherever I may be in the future. Thank you everyone once again, and I wish you all the best of luck in the future! Remember: Don't Worry, Be Happy!

Chaisun (Olivia) Kim
Yearbook Prefect

"Never let what's out there in those streets come before your family.
You can ALWAYS replace what's out there in those streets, you can NEVER replace your family"
Omar Hickman

This year's focus for the resident students was healthy living and well-being. We started an additional exercise program where students received 3 hours of physical activity each week in the form of yoga, circuit training, dance, and team based physical activities focusing on teamwork. Exercise, coupled with good nutrition and sufficient sleep, helped lay the foundation for powerful minds and strong bodies. As you leave us, please remember how important it is to take care of yourselves. You are all unique and there is only one you!
Good luck in university, in your new cities and schools. Please keep in touch. For those who are returning next year, look forward to new and exciting opportunities!
Love from your residence staff!



Arabella Xie
Residence
Prefect

As an international student, residence has always been a huge part of my life in Canada. I love this little community. It's not only a place to live, but also a place to have fun and make friends.
Looking back to the year, a lot happened: orientation camping when we first got to know each other:
- Halloween trick or treat when we harvested bagful of candies that could be consumed for the rest of the year,
- dumpling making activity when we learned how to make delicious Chinese dumplings,
- mug decorating when we could decorate our own mugs,
- Festival Du Voyageur activity when we tasted the most traditional Canadian food,
- the very exciting Multicultural Assembly when we practiced really hard but were still nervous about it and so on...

No matter how cold Winnipeg is, we could always figure out something to do to make residence warm like home.
I couldn't imagine a year would pass so fast. I just want to say thank you to all my friends and staff members in residence for being so caring and supportive all the time. They are the ones who made my life here more wonderful and memorable. I believe that not just me, everybody else had found her belonging in this little community. Lastly, to all the new and old rezzies, I just want to say "Congratulations! You successfully survived the drastic winter of Winnipeg!"
By Arabella

Ms. Karlsson and Ms. Danzinger had a great time eating dimsum with residence girls

Michelle Tan and Dayu Jin were excited about their first time canoeing on the lake

Miss Symington, Breanna Mierxiati, Rachel Sabourin, Jasmine Tingey, Michelle Tingey and Miss Kosecki went to La Festival Du Voyageur

Polina Yurchenko, Jessica Campbell, Ms. Guest and Johanna Bruinooge jumped on trampolines in Sky Zone

Gloria Hu succeeded in her "minute to win it" ability challenge

Kathy Liu, Rosie Deng, Ms. Danzinger, Lora Hu, Sophie Sun and Emily Chen competed in glow bowling

Karin Hamanaka and Ashley Jiang showed the dumplings they made during Chinese New Year

Residence Activities

I really just can't believe a year could pass by so fast. Seems like yesterday we were dragging our suitcases up the halls and getting so excited for school to start and, today, we are approaching to the end of the year and can't wait for summer! People were always saying, "why are you still seventeen? Why are you still in high school?" These are also the questions that I've kept asking myself. Now, less than a month till graduation, my pounding heart is telling me that I'm soon going to be one of the grade 12 students who are finally going to step into university. You are probably jealous while you are reading this…but trust me, you, too, will have this moment in your life soon and it's going to be absolutely amazing! Throw back to this year, I had a lot of wonderful memories both at school and in residence. Here, I just want to thank our close residence family and my friends for being so supportive and fun to be with. I did learn a lot from you and you are the ones who helped me transform from the quiet, "hard-working" little girl to an outgoing and optimistic Arabella. I will truly miss you guys!

Camila Cadena Rodriguez and Arantza Solis Pinan became friends during bonfire activity

Residence staff and girls designed and painted their walls creatively

On a visit to the Manitoba Museum res students participated in many hands-on activities to learn about science.

International Women's Day

England

Canada

Taiwan

Pakistan

Israel

The Multicultural assembly has always been one of the most looked forward to assemblies at BH every year. It provided international students great opportunities to showcase their own particular culture and customs. During the assembly, we had girls from eleven countries present their unique cultures by dancing, singing, doing presentations and such. As residence prefect and emcee this year, I've enjoyed working with everyone and I wanted to say thank you to all of the participants, staff and IT department for putting so much effort into organizing this great show. Looking forward to the assembly next year!

By Arabella Xie

Chinese girls sang "The Journal of A Poet" for Multicultural Assembly

Tiffany Guo wore a chinese traditional male's dress

Kathy Liu was part of China's fashion show

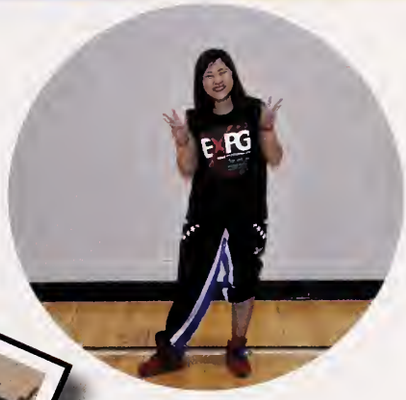
Canadian rez girls told a beautiful poem about Canada

China

Mexico

Ireland

Multicultural Assembly



Japan

Canadian students wore warm jackets representing the cold climate of Canada

Chinese and Mexican shared their cultures

Camila Cadena talked briefly about her country's culture

Rita Cheng and Marcia Keng performed Taiwanese pop and traditional dances

Ella Yu gave everyone best wishes

Inez Mayberry performed an Irish highland dance

Miss Symington with her group

Mrs. May with her group

Miss Aiello with her group

Miss Loewen with her group

Ms. Danzinger with her group

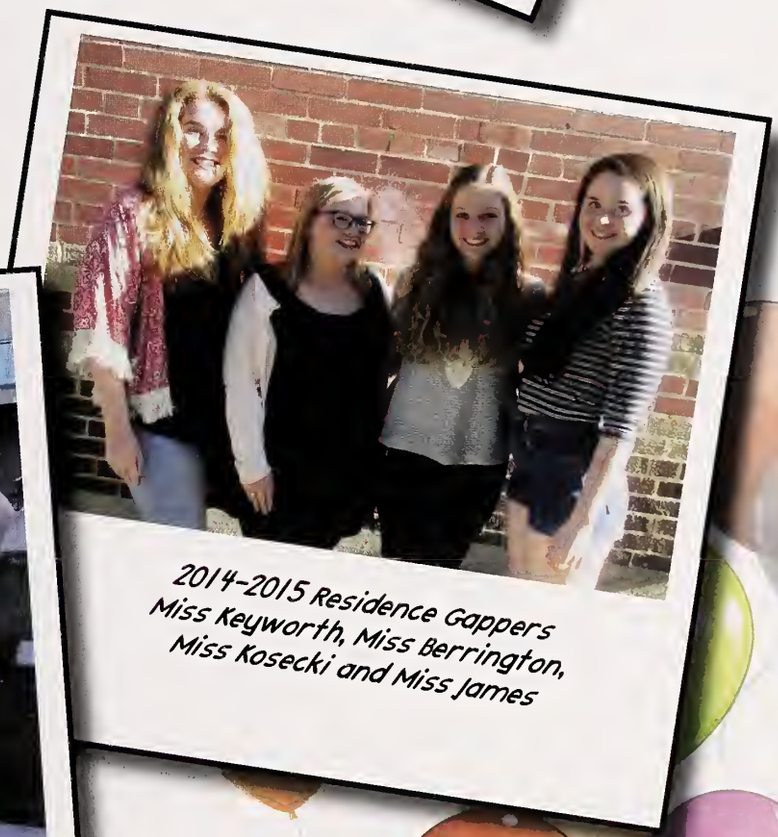
Ms. Robertson with her group

Gappers & Advisor Groups

There are four international "gappers" who live and work in residence and help out in junior school. Ms Berrington, Ms James, Ms Keyworth and Ms Kosecki. They are all on a gap year from their education or careers. Ms. Hines (from Australia), Ms. Guest, Ms. Berrington (from England) and Ms. Kosecki (from Germany). They arrived at the end of August and are saying a fond farewell to BH after a great year. Ms James and Ms Keyworth arrived from Australia in January and will be returning for fall term after a summer break full of travel.

This year, every student in residence was matched up with a one of the staff members to be their advisor. The girls got to meet with their advisor and a smaller group of fellow rezzies throughout the year to do fun things like going for sushi or ice cream. This meant that the staff had a chance to get to know their advisees better, and the girls knew who to seek out if they had a problem or wanted to have a catch-up.

Miss Symington, Miss Kosecki, Miss Berrington and Rachel Sabourin went to Festival Du Voyageur

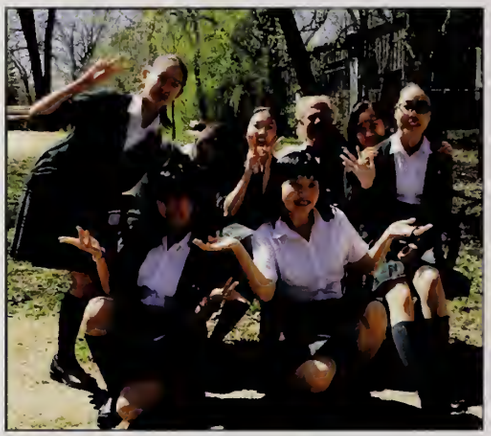


2014-2015 Residence Gappers Miss Keyworth, Miss Berrington, Miss Kosecki and Miss James

Miss Berrington, Miss Kosecki, Miss Symington, Miss Hines and Miss Guest displayed their Halloween costumes

Residence Candids

Sydney Baley, Taylor Tom, Arabella Xie, Rachel Sabourin and Karin Hamanaka visited downtown Winnipeg

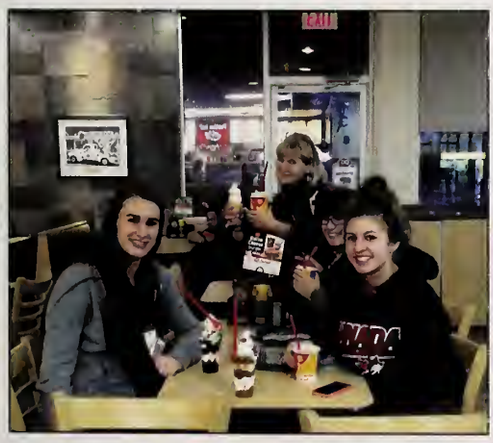


Mr. Leipsic took his class outside to take advantage of the good weather

Angela Wang, Christine Fan, Elva Fan, Winnie Zhang and Ivy Tang went to the zoo

Marcia Keng, Amy Song, Rita Cheng and Annie Luo went to a Korean restaurant on the weekend

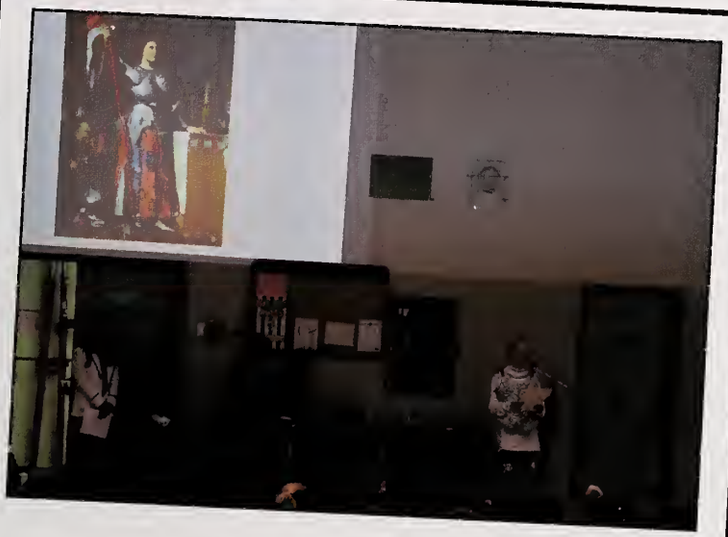
Summer Liu, Hillary Wang and Sophie Liu at at Stella's for dinner



Danielle Haasbeek, Miss May, Sophie Hanson and Tori Stebnitsky took a break for cool treats at DQ

On a trip to Toronto, res students anticipated going to Niagara Falls

Friendship is not something you learn in school.
But if you haven't learned the meaning of friendship, you really haven't learned anything.
Muhammad Ali



Grade Five Top Ten Things that Make Us Happy When we Think of Junior School!

- Looping with Ms. Thordarson
- Going to the doll assembly and counting down the years until you graduate and get to tell the grade below you what accessories you want for your doll!
- The friendly teachers who always say hi!
- When you do the walk for the cure and you have an older buddy and you just think she's awesome and this is the time of your life
- Watching all the little kids looking up to you
- The Kindergarteners joyful eyes when we read to them at reading buddies
- Playing in our grad dress having so much fun and getting the pins that look like us in cartoon form
- The Exhibition, Notable Women, and more!
- Everyone here is very friendly and kind and they always ask if you are doing ok if you are looking upset or sad
- The track meet

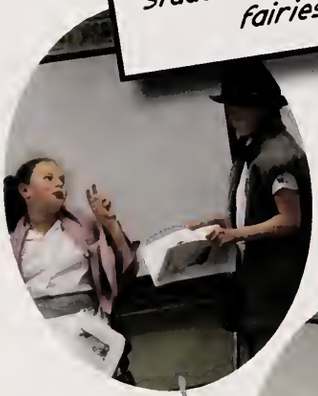
BH Beginnings Farm Trip
Little ones learned about animals' jobs on the farm

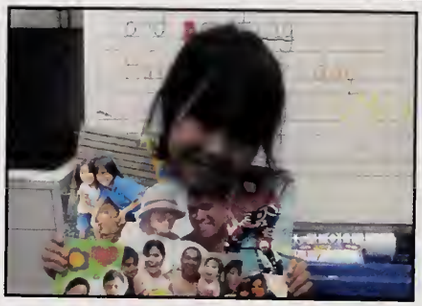
Junior Kindergarten
"Trip to the Moon"

BH Beginnings Fairy Garden
Students built a fairy house and fairies to live in it

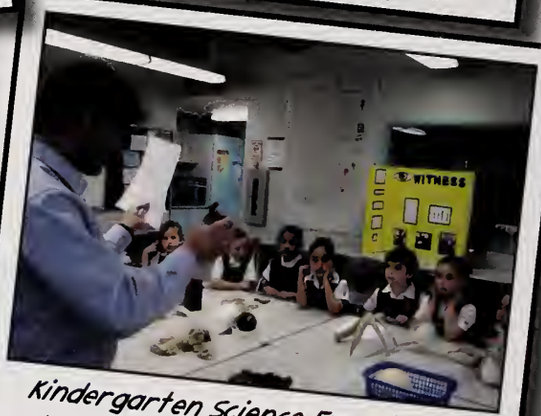
Junior Kindergarten in the CFL
Neilah Sulaiman and Cadence Podaima

Junior Kindergarten Math
Gabriella Andreas, Cadence Podaima, and Mia Shapiro





Junior Kindergarten
Relationships Unit
Luna Santos



Kindergarten Science Experiments
Mr. Zimmerman used bones, fur, skulls and hooves to "Guess that Animal"

French

Plays

Kindergarten Colour Unit
The girls saw how primary colours mixed to create new colours

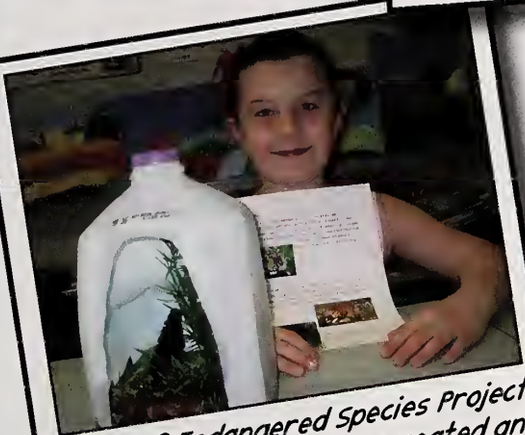
Junior School Activities

Grade 1 Arctic Adaptations

Grade 1 Lauren Field and Lyla Gompf designed and tested a catapult

Grade 3
"Opposites Attract Unit"
The class discovered gravity by dropping parachutes

Grade 3 RH Assembly
The "Journey Through Time" unit of Inquiry explored how cultures change and stay the same over time



Grade 2 Endangered Species Project
Alitiana Aptekmann recreated an animal habitat

Grade 2
Science and Engineering Week
Heard a guest speaker who explored science reactions

Grade 4 Tinkering
Explored the circuitry of stuffed animals

Grade 2 Geometry Edibles
Isabel Danielson Roy and Cindy Tang created 3D polyhedrons

Grade 5 3D Printing Club with Ms. McGill used Tinkercad to create 3D models to print with the 3D printer

Grade 5
Malaya Humeniuk, Claire Venevongsa, and Stephanie Jordan experimented with chemical changes in matter

Grade 4 Roots of Empathy
Over the year, the class watched an infant develop into a toddler

Cloé Levesque

Kirsten Drexler

Natalie Couvelier

Grandparents' Day is an annual treat that junior school students look forward to every year. This year, as per usual, the day started off with a splendid performance of song and dance enjoyed by all the grandparents. Then, students took their grandparents to their class rooms to do fun activities ranging from paper weaving to computing. A fun time was had by all.

The grandparents waited patiently for the exciting performance to begin

The grade twos performed ballet for the guests

Anna Hajidiacos and her guest exercised their creativity

Lauren Haverick

Katia Djomo Wongep and Cecilia Chankio Wongep

Emma Safiniuk

Grandparents' Day

Megan Burns and Katherine Robinson spoke to the audience

The grade threes showed off their schoolwork

Grade ones had an excellent time with their grandparents

JUNIOR SCHOOL HOLIDAY CONCERT

The Kindergarten to Grade Five Holiday concert, "A Holiday Kaleidoscope" took place on December 10, 2014 and you could definitely feel the excitement in the air. Students sang songs from various celebrations and traditions to show that just as various shapes and colours form dazzling patterns in a kaleidoscope, we all came together to make a beautiful Holiday kaleidoscope. The girls performed choir songs, hand bell pieces, and class songs accompanied with xylophones, glockenspiels, drums and ribbons. The beaming faces of the angelic choristers and the coloured lights contributed to the festive atmosphere. The students capably expressed themselves through the music and we are so proud of each one of them!

GRADE 5 ENSEMBLE AND THE WINNIPEG SYMPHONY ORCHESTRA

On Wednesday, March 11 twenty-two grade five students went to sing with several other schools at the Centennial Concert Hall. This was an extra-curricular activity in which students rehearsed during their recesses. The mass choir sang five songs with the Winnipeg Symphony Orchestra: Largo from the New World Symphony by Dvorak, Siyahamba, Chanson de Louis Riel, One Voice, and Finlandia. They sang in English and French. The students enjoyed being back stage and singing with the symphony. This was an amazing experience and the girls felt proud to perform with the professional musicians of the WSO!

Kindergarten

Grade 4

Grade 3

Grade 5
Grade 2

Childcare
Junior Kindergarten

Junior School Dance Recital

Choir and Bell Club

The Blazer Bell Ensemble

GRADE 4/5 BELL CHOIR ENSEMBLES

Students in the grade 4/5 bell club commit to extra practices outside of class time. They developed proper bell technique and the ability to read the bell score. We have two bell groups because of the number of girls desiring to play bells: the Golden Bell Ensemble and the Blazer Bell Ensemble. They performed at the Holiday Concert, Grandparent's Day, and Closing Ceremonies.

WINNIPEG MUSIC FESTIVAL

Both Junior school choirs sang at the Winnipeg Music Festival on March 13. The Grades 1 to 3 choir sang in the morning and the adjudicator, Dr. Elroy Friesen, loved their diction, dynamics, and legato singing. The grades 4 to 5 choir sang in the afternoon and Dr. Friesen commented on their beautiful unison sound and their solid two-part singing. He noted that both choirs were well-prepared, showed great attention to details in the score, and gave beautiful performances. Both choirs received gold ratings and we are extremely proud of the girls as they focused and prepared to express themselves through song at the festival!

The Golden Bell Ensemble

The Grade 1-3 Choir

The Grade 4-5 Choir

Scarlett Andrew helped Sophie Dawe, Alexa Ormiston, and Natalie Klaussen collect stamps for their passports

Ayla Litton took advantage of the warm day

The grade fours and fives lead a variety of activities including T-ball

Kristen Drexler and Grace Olafson played a round of croquet

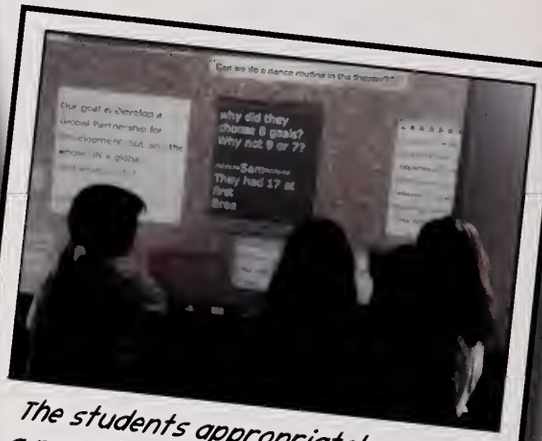
Janeve Gaumond and Colleen McConnell served healthy snacks

Hope Johnson stamped
Zara MacDougall's passport

Valentina Anang ran the
'ball and scoop' activity

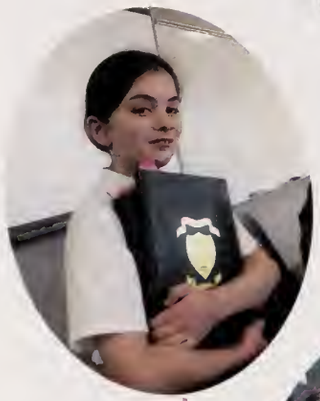
Sports Day

Participants of the "All Natural Fashion Show"



The students appropriately created a paperless project, using technology to research and present

PYP Exhibition



This year, Grade 5 students studied the world's progress on UN Millennium Development Goals as the focus of their Exhibition. In an effort to embody unifying principles of these goals, both classes worked together each day, and to support environmental sustainability, their work was done online in our Centre for Learning. In preparing their presentation, Grade 5s studied the delivery style of TED Talks, a format used around the world for sharing of ideas. The girls were successful in conveying their ideas through their means and style of presentation. The girls were empowered as they developed many skills in preparation for Middle School.

Grade 5 Celebration

The Grade 5 Celebration was a great success. Everyone was attired in beautiful dresses! Our teachers arrived, and we all pounced on them, laughing, smiling, and showing off our dresses. Parents took pictures of every single second with all of us on the Aikins House steps, which is a very special BH tradition. We called for the teachers to come over to be in the pictures with us. The pictures turned out to be very beautiful! There was punch outside, and the dinner was fabulous! The best part was dessert: make-your-own ice cream sundaes with toppings of Oreos, Smarties, gummy bears, sprinkles, and whipped cream! We played on the play structure like we were not graduating to Middle School. I'm sure we will all miss our recess time. We got special ceramic pins representing us and our hobbies. We got balloons, too! In the end, we said goodbye and hugged like we weren't going to see each other the next morning. It was so much fun! I'm sure all of us had a great night's sleep.
By Meghna Rajamohan

Claire Venevongsa, Lauren Haverick, Sarah Mathew and Kennedy Campbell

The well-loved play structure was the perfect entertainment for the evening

Lucy MacDougall and Lucy Christopher

The girls were excited to receive their pins

The grade fives were served a delicious dinner

Mrs. Steek presented the girls with pins that resembled each one of them

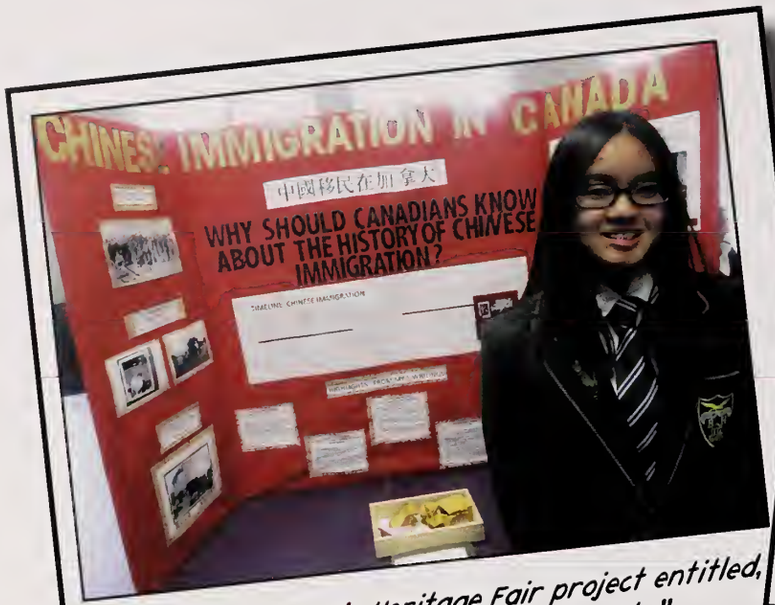
The person who can bring the spirit of laughter into a room is indeed blessed.
Bennett Cerf

Hola Amigas! This year has been quite the ride. From the last first day of school for me up until exam week, it's been nothing but paint, sweat, and laughter. This year has been awesome and the prefects have tried to go above and beyond. We wouldn't have been able to do what we did if it weren't for you girls. If it weren't for the one who was the first to sign up for our coffee house with a shaky hand, for the teachers who supported and carried out our wacky ideas, and for the lovely Mrs. Sveinson, our year would have been pretty dull. So a huge thank you goes out to every single one of you. I mustn't forget the 13 other lovely ladies who spent countless hours in preparation and execution of everything. Thank you, you are all beautiful inside and out. It may be my last year here (and I can honestly say I'm more than proud to have called this my second home), but for the rest of you, during your remaining time here, I have one wish for you all: enjoy yourselves and remember that you are lucky to be here. Catch ya later.

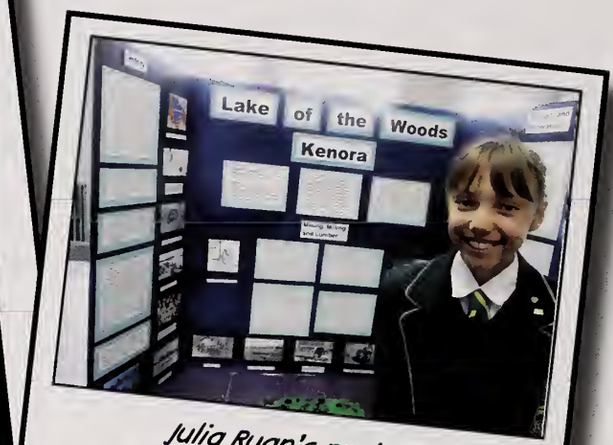
Ashley Allan
Senior School
School Captain

Kathryn Lyon
Middle School
School Captain

Wow I can't believe the year is already over! It seems like yesterday that I was preparing my speech to show you why I would make a great middle school sports captain for the 2014-2015 school year. I had so much fun planning interhouse this year, from making gingerbread houses at Christmas, to playing long hard fought games of dodge ball, and even to those sunny spring days of just playing on the play structure. I hope all of middle school had as much fun as I did this year. Thanks for all the great memories!



Carrington Dong's Heritage Fair project entitled, "Chinese Immigration to Canada," was amazing and is dear to her heart



Julia Ryan's project, "Lake of the Woods Kenora," highlighted a well-loved vacation spot

Adi Groumoutis

Juliana West with her inspirational project on the "Winnipeg Music Festival."

Gabriella Todescan

Heritage Fair

The grade 6 girls had a wonderful time researching and learning about their Heritage Fair topics. They each picked a topic about something that is important to Canada's history. There were many steps to complete the projects. The first step was to research the topic, gather photos and create rough drafts of the report. Included in the project was a process journal as well. Then the girls needed to prepare backboards with their pictures and make a model or diorama as a visual aid. Once the backboards and the speeches were presented, the judges were amazed by the hard work the girls put into presenting their projects. We found out many interesting facts and had a great exprience during this time.
By Bridget Beauregard and Munroop Bhandal

Science Fair

Camryn Gauthier

From January until the middle of March, the grade 8s worked on Science Fair projects. It started with only a question and later lead to experiments that attempted to find the answers. All 33 projects followed the scientific method. After conducting our experiments, we created our final visual presentation made up of a background, purpose, materials, hypothesis, procedure, conclusion, application, and acknowledgements, which were organized onto backboards. Though the months were very hectic, in the end everyone's projects were fantastic and we all learnt many new things from the process.

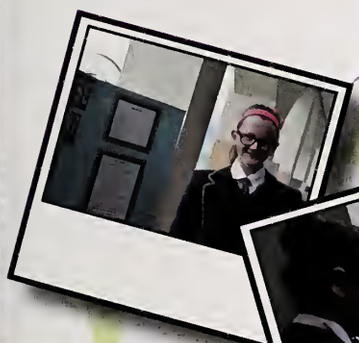
Judges from the science community came to our school to view each project. From the 33 projects, 6 were selected to move onto the Manitoba Schools Science Symposium: Brooke Antman with "Did You Hear That?" Marina Levit with "Quality Consumption," Eve Hastings Van and Kendra Hamin with "Your Mouth Rinse Makes It Or Fakes It," Emma Machado with "Under Pressure," Avery Fletcher with "Fighting Harmful Bacteria with Food," and Isabella Janzen with "Photosynthetic Rates of Plant Through Water Displacement."

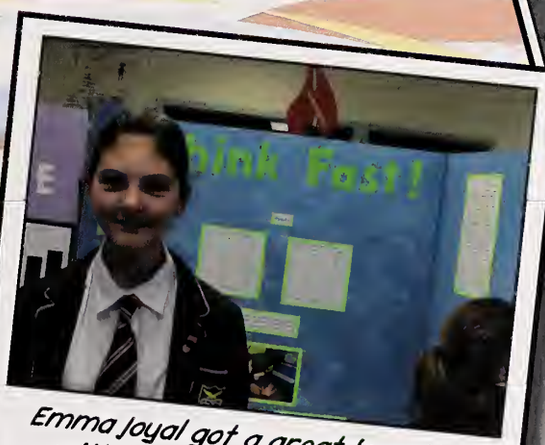
During the 3 days of the symposium, we were engaged in science activities, as well as presenting our projects to more judges, and ended with an award ceremony on the last day to congratulate everyone's great efforts!

By Isabella Janzen

Anna Layte's project, "Musical Memories", was 'unforgettable'

Avery Fletcher





Emma Joyal got a great 'reaction' with her project, "Think Fast!"

Camp Arnes

The grade six girls woke up extremely early on what would normally be an ordinary September morning. We embarked on the 1 ½ hour journey to Camp Arnes. Once we had loaded our heavy luggage into the chalet, we sat down for a much-needed breakfast and prepared to begin our activities.
Each activity tested our skills in unique ways. Our bravery was challenged in the obstacle courses, we practiced our accuracy with archery and the thrilling zipline allowed everyone (even Mme. Delaney!) to fly through the air. These were just a few of our camp experiences. On the way home, we couldn't wait to tell our families about our great adventure!

By Carrington Dong

The girls in grade six did various activities such as archery, making bannock, rock climbing and animal feeding. We made great memories along the way during this trip.

The girls from cabin A were excited to begin their activities for the day

Lily Stewner, Madelaine Baigrie, Madeline Ritter, Karen Jensen and Alex Davis relaxed before heading off to do more activities

Yurt Camp

Early in the morning, the grade 7 girls, Mr. Zimmerman and Miss Boonstra loaded the bus and hit the road. After a long drive, they arrived at Yurt Camp ready to start various activities. These activities included rock climbing, kayaking, mountain biking and hiking. After a day of fun, the girls were ready to have dinner and relax around the campfire to tell stories. The next day, they continued to try new activities. When it was time to head home, the grade 7 girls had wonderful stories and experiences to share with their friends and family.

Everybody waited eagerly to hear what activity they would be doing

Amara Petker, Jessica Sui and Mia Saurette sat down together after the hike

Shannon Buckle, Kendra Hamin, Anais Isford, and Chelsea Venevongsa waited for the bus

Outdoor activities kept the girls moving and enjoying nature

Camp Wannacumbac

Bright and early on September 10th, the grade 8s travelled to Camp Wannacumbac. After a long bus ride, we had a chance to get settled in our cabins. Then, we prepared for a long hike through the stunning forest that surrounded the camp. Over the next few days, we participated in multiple activities like hiking, soccer, yoga, archery, and canoeing on the serene water of Clear Lake. We spent four hours in the woods with only a bucket, a pot, a tarp, some twine and a pair of scissors. All of our groups had a blast building lean-tos, starting fires, and brewing tea from scratch. We had a lot of fun outdoors, but everyone's favourite memory was "Camp's Got Talent!" on the last night. Each cabin came up with a routine to present. Some highlights were the dance routine, Spruce Family, and a grade six French play that was translated into English. As we boarded the bus on the 12th to leave, we knew that we would always cherish the memories we made at camp.

By Brooke Antman

Churchill

Jasmine Tingey and Reese Precourt scooped plants and wildlife in Hudson's Bay

For five days, eighteen grade 9 students went on an adventure to Churchill. We all enthusiastically boarded the bus on Monday morning, and later boarded a train. When we arrived on Tuesday afternoon, the fun began. After a tour of the Northern Studies Centre, we bundled up for some fresh air and to look around the outdoor area. The next day, we got to see the polar bears up close in a warm tundra buggy. It was truly fascinating to see the bears jumping against the buggy as we took some photos. When Thursday quickly came, we packed our bags in the morning and went dog sledding. We all got a chance to be pulled and we pat the cute husky dogs. We went shopping in the evening for souvenirs and groceries for our long ride home. Churchill was an experience that we will all remember for a lifetime.
By Victoria Young

Kristin Smith and Madison Lacombe had a blast dogsledding

Kirsten Benedickson, Katelyn Battad, Rachel Bernhardt, Samantha Frost, and Caitlynn Nguyen took a break at Pischew Falls

Paris Musaphir, Sara Ali, Cady Pavagadhi, Kim Hurst and Chloe Balog revived their skiing abilities during their day at Holiday Mountain

Ski Trip

This year, students in grades 8-12 journeyed to Holiday Mountain Resort in La Rivière, Manitoba for an action packed day of skiing, snow boarding and bonding with friends. We left early in the morning and returned later that day. We were provided with ski lessons for our levels and then set off for a great time! We relaxed with our friends in the lodge too! Some students had never skiied before and enjoyed learning this new activity. Old pros showed off their talents! This is a great way to take a break during our long winter to enjoy Manitoba.

Girls of all levels tried out the hills, and became closer while doing so

Spirit Week

Each year the week before spring break, the middle and senior school prefects work hard to organize activities for their peers and teachers in order to ensure a full week of school spirit. This year's event, officially dubbed "Balmoral Hall's Righteous Radical Splendiferous Groovy Fantabulous Cat's Pajamas Hunky Dory Spirit Week Extravaganza" was five days of fun for all. Festivities included daily homeroom rallies and flex activities, ranging from a bench run, to a balloon keep up, to house cheers and karaoke. As usual, the week concluded with a coffee house on Friday, which showcased the talents of many students. This year, there was an addition of grade wars, during which students dressed in their assigned grade colours, and created grade banners and cheers. Overall, the consensus was that the prefects did not disappoint in their efforts to make it a spirit-filled week for all!

Ms. Wilkes and Ms. Kirk went above and beyond to get into the spirit on the last day of Spirit Week for Green Staff Colours

Spirit Train

Monday: Bench Run
House colours

Wednesday:
Pudding Eating
Crazy Socks

Tuesday: Balloon Keep Up
Air Band
St. Patrick's Day

Top Dogs!

Thursday: Hula Hoop Passing
Sweatsuit Day
Tape Your Friend Up

Friday: Grade Wars!
Backwards Human Chain
Coffee House

Yahoo BBQ

The Yahoo BBQ was a fun time for all. Students, staff and parents were able to take part in many different activities such as riding ponies, using the photo booth, and getting glitter tattoos. The line for the bag bar was filled with students eagerly awaiting a bag. There was also a wide variety of food. Everybody had a great time and was able to bond with their friends.

The grade 5s enjoyed the food the BBQ had to offer

Allison Hilliker and Katherine Burley

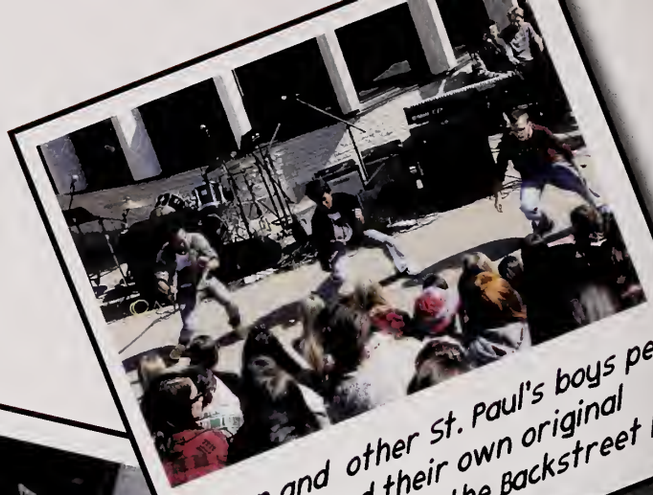
Students waited in line to receive a balloon creation

Gillian Chiu indulged in cotton candy

The bouncy slides were a hit for students of all ages

Scotia Fullerton-Collison and Shannon Buckle got a chance to pet the animals at the Petting Zoo

Katherine Burley, Leah Bernhardt, Alexis Ogaranko, Annick Beauchesne, and Sophie Hanson watched the talent show



A-Sian and other St. Paul's boys performed their own original choreography to the Backstreet Boys

Rithikha Rajamohan and Sarah Gage performed Rip Tide by Vance Joy at the St. Paul's Walk Talent Show

Anais Casselman-Green and Alex Blake spent quality time together during the event

2015 graduates Aurora Robert and Cassidy Maidment enjoyed their final St. Paul's Walk

There were plenty of exciting activities planned for the students in attendance

Sarah Gage played guitar while Bailey Horn sang Ho Hey by the Lumineers

St. Paul's Walk

n September 18th, students from Balmoral Hall, St. Mary's, and St. Paul's athered for the 37th annual St. Paul's Walk. This event, while raising both oney (a whopping $5,800!) and awareness for Cancer Care Manitoba, rovided the Balmoral Hall girls the opportunity to forge new friendships hile connecting with students from other schools.
he Walk starts and ends at St. Paul's High School and loops through Asniboine Park. Prefects offered delicious treats, music and encouragement t pit stops along the way. Students and staff then regrouped back at the chool for an array of fun events, such as a barbeque, talent show, jousting nd even more!

Caught having a good time; Reese Precourt and Erica Sandilands

Jessica Andjelic, Alora Simpson, Sydney Baley, and Morgan Dubyts expressed their enjoyment at the walk

Gillian Chiu, Anais Casselman-Green, Anne Campbell, Hannah Pales and Katherine Burley strolled down the newly completed pathway through Assiniboine Forest

Girls for the Cure

Joined by students and teachers from Mulvey School, members of Balmoral Hall School's community walked five kilometres throughout West Broadway on October 9 in support of Girls for the Cure. Together, they raised $21,557 this fall for CancerCare Manitoba Foundation in honour of the annual Guardian Angel Benefit for Women's Cancer. Following the riverwalk, participants dressed in pink, convened on the grounds of Manitoba's Legislative Building to enjoy some refreshments as well as entertainment before the cheque presentation. Thank you to everyone who contributed to another successful Girls for the Cure effort.
By Jennifer Pawluk

Students of all ages walked together along the river
A magic act entertained junior school

The middle school prefects led the school's annual Girls for the Cure Walk

The grade 12s celebrated their last Girls for the Cure
Rez students got creative

Grade 11s took in the festivities at the Legislative Building

Passion Projects

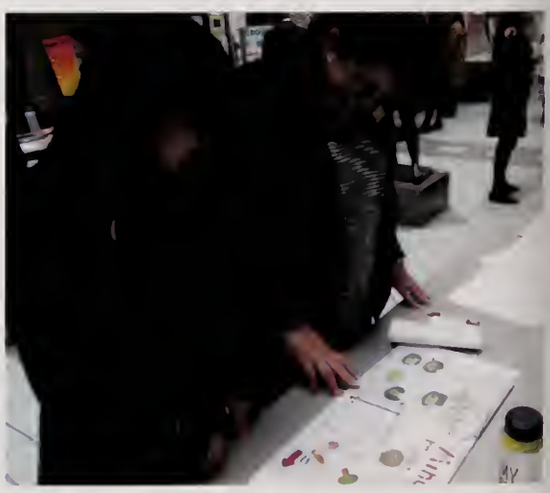
"Passion is one great force that unleashes creativity, because if you are passionate about something, then you are more willing to take risks." Yo-Yo Ma

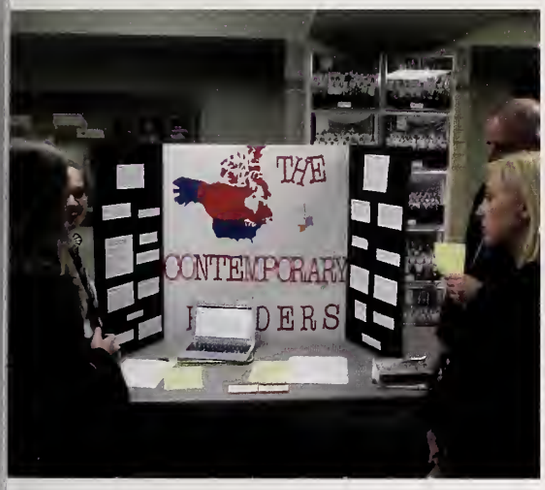
The intention of the Passion Project was to follow an educational or career goal, or a personal interest that would ultimately empower the student in any future goal. When determining her project outcome, the student considered purposeful service, training, creativity or a challenge. With this project, students demonstrated planning, research, revision, consultation and reflection. Each student teamed up with a staff advisor who guided and assisted the project over the course of five months. The outcome was an exhibit that demonstrated creativity, challenge and diligence. The displays that were presented reflected topics that were as varied and unique as the number of students in the hall. Passions were evident and students' presentations shared new terminology, reflections of life experiences, insightful comparisons, and significant attention to detail. Most of all, I am most proud of the perseverance, courage and positive energy that shone through this exhibition. By Jennifer McDonald

Anais Casselman Green combined her art, business and service passions

Lily Li developed a 3-D printing project that turned 2 dimensional drawings into 3-D creations to simulate how architectural engineering students turn their ideas into reality

Mrs. White reviewed Ashley Jiang's cookbook of her favourite Chinese recipes



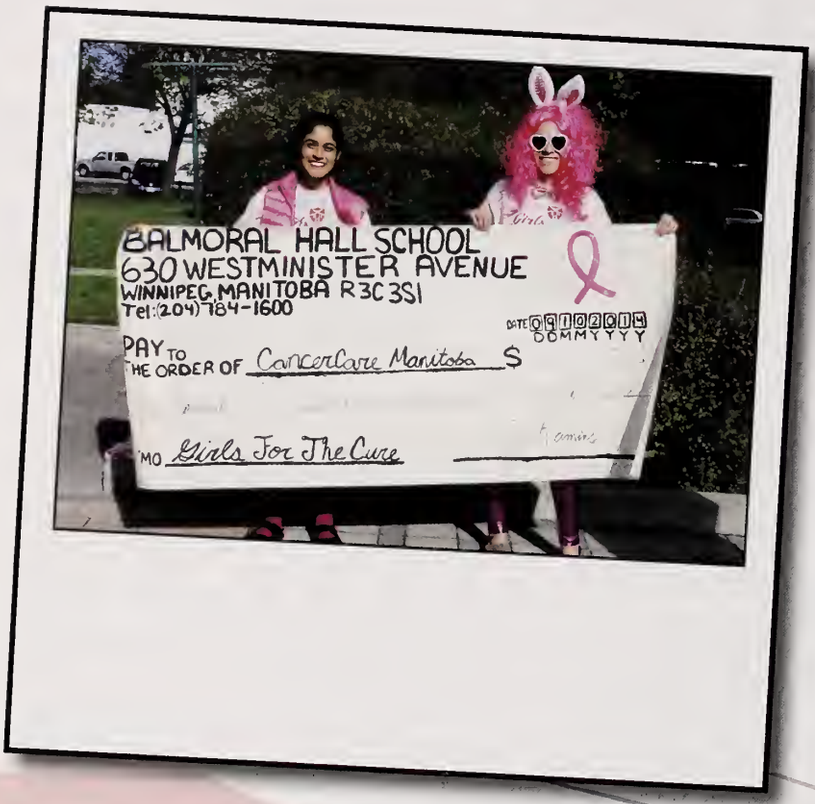


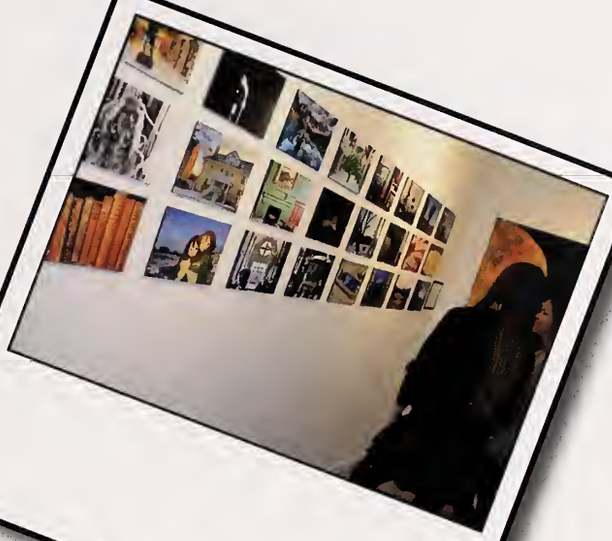
Maya Schwartz and Hayley Smith shared their passion for reading

Hannah Pales centered her project around school, hockey and family

Michelle Tan and her advisor Mrs. Brown were so proud of her final product, a traditional Chinese brushed art piece

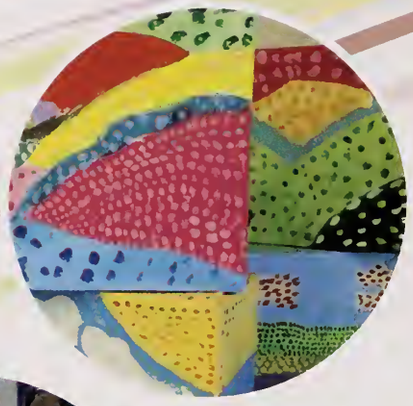
The world's most famous and popular language is music.
Psy





Lexy Müller Morań
Arts Prefect

This year has been one for the books when it comes to the Arts! We were able to perform two musicals; Annie and Hairspray Jr and they were both equally filled with outstanding talent and were very enjoyable to watch and take part in! The Cre8ivity Project hosted by the Cre8ery Gallery was an amazing display of art created by the BH students and was one of the biggest achievements for the Arts department this year. I would like to thank everyone who took part in the Arts this year and those who supported us through every artistic endeavour we took on during the year. Special thanks to Ms. Barker, Ms. Anderson and Ms. Karlsson for supporting the ideas I had for the year, providing a wealth of artistic knowledge to others and myself, and for keeping us Arts kids in check throughout the year. It has been such a pleasure being the Arts representative for the growing creative student body at our school and I hope more people take part in the creative opportunities BH has to offer.
Remember, "Don't Worry, Be Happy!"



Grade 2
Ivan Eyre
Inspired Paintings

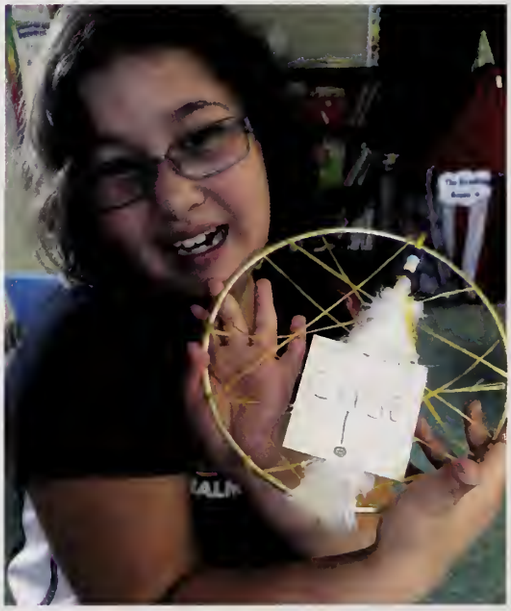
Grade 3
Japanese Shibori

Grade 4
Inuit Painting after
Ted Harrison

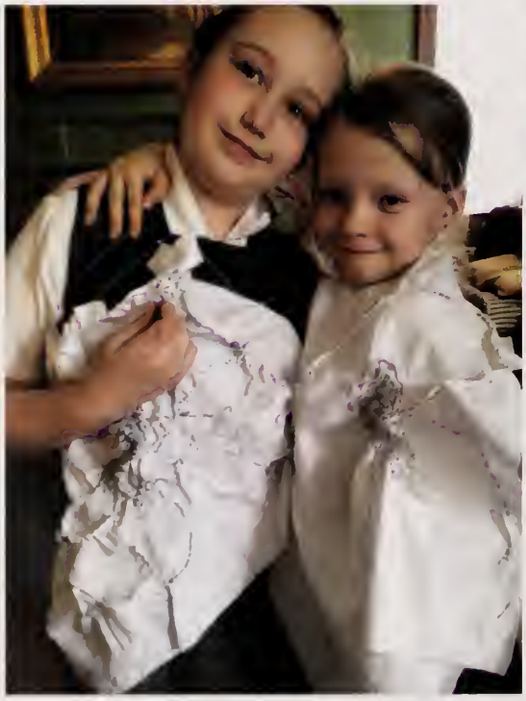
Grade 1
Self Portraits

Junior and Visual

Sarah Surminsky and Elly Heimbecker Peacock Paintings



Chloe Mathew
Dreamcatcher

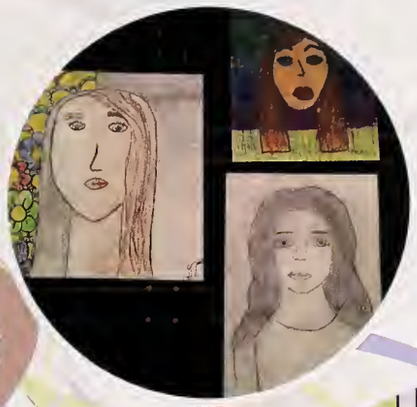


Victoria Alexander and Bella-Sophia Rogers
Shibori Pre-Dye Stitching

Janeve Gaumond
Lino-Cut
Inspired
Printmaking

Grade 5 Symmetrical Name Design

Grade 6 Insect Personifications



Grade 7 Self Portraits

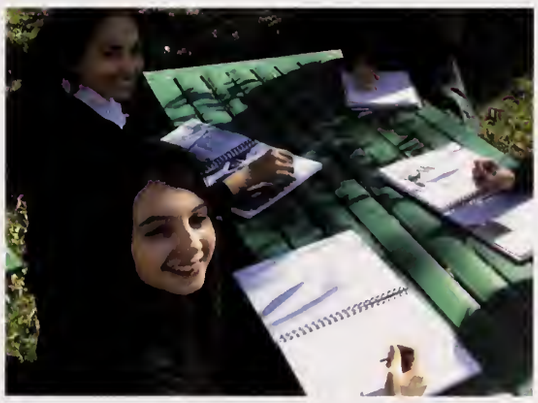
Grade 8 One Point Perspectives

Middle School Art

Hope Johnson, Lauren King, Samantha Lowe and Sarah Mathew Beadwork

Caelan Nowicki Sitching Sampler

Lauren Burns and Munroop Bhandal Felting Animals



Arantza Solis Pinan and Logan Chubaty-Boychuk Sketching Outside

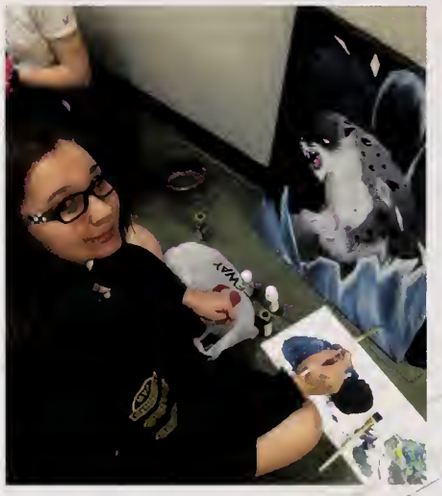
Grade 9 Acrylic Painting

Grade 10 Edvard Munch Inspired Painting

Grade 11 Animal Felting

Grade 12 Furniture Project

Senior School Visual Art

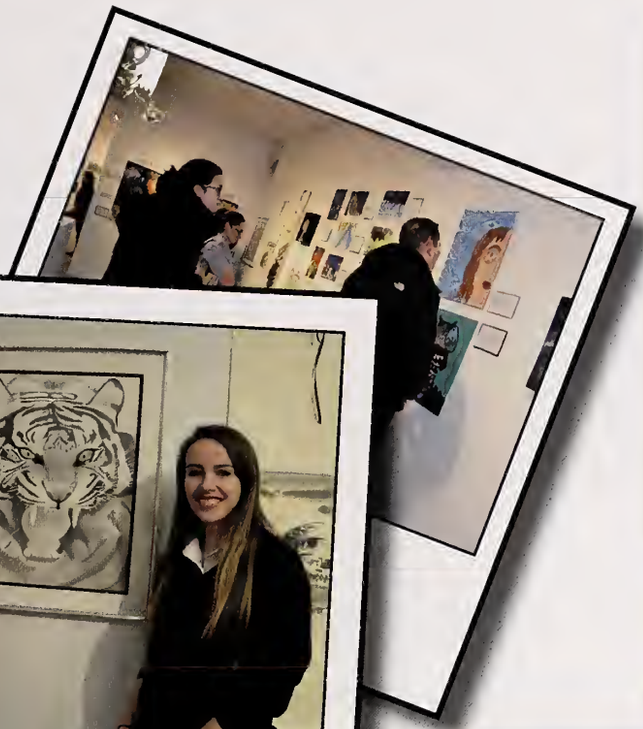


Meghan Hatcher Independent Painting of a Snow Leopard

Sophie Sun and Lily Li Felted Alter Egos

Grade 11 Observational Drawing of Iris Wang in a Traditional Chinese Costume

Alexis Ogaranko and Emma Holeman Sketch Designs for Independent Projects



Sarah Gage's pointilism journey from its initiation as her Personal Project came to a successful close and her artwork was displayed at the gallery

Cre8ery Exhibition

Lora Hu proudly showed off her traditional Chinese paintings

Curated by visual arts teacher Kristina Karlsson, The Cre8ivity Project is a labour of love. The exhibition showcased a variety of projects from Balmoral Hall's visual arts program, including self-portraits from Junior School students. Classroom projects from Middle School included anthropomorphic insect drawings in pen and ink, imaginary animals, and beautifully sketched interior drawings in one-point perspective. Grades 9 and 10 students showcased their own versions of Edvard Munch's "The Scream," with a focus on colour psychology and expressionism. Grades 11 and 12 students' independent projects included a bench constructed from hockey sticks, "disturbingly cute" felted creatures, paintings, drawings, and more. Creatively designed, high-definition photographs from digital photography students were also on display. ByJennifer Pawluk

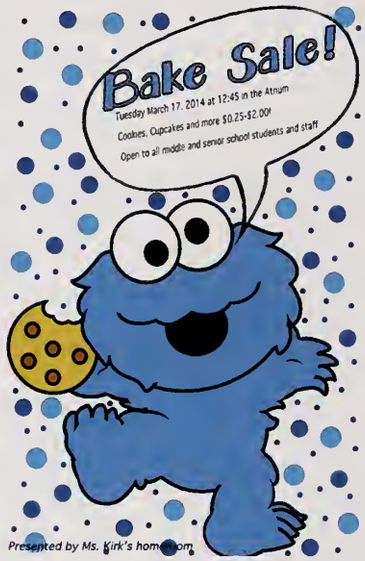
Annie Luo created a display of Chinese Culture

Grade 7
3 D Printing
Eva Hagel-MacPherson

Grade 6
Comics
Samah Haq

Grade 8
Logo
Scotia Fullerton-Collison

Middle School ICT
Grade 9 Desktop Publishing



Caitlynn Nguyen

Kristin Smith

Rachael Buchwald

Claire Meier

Elizabeth Tingey

Katelyn Battad

Digital Photography

High Dynamic Range Photography

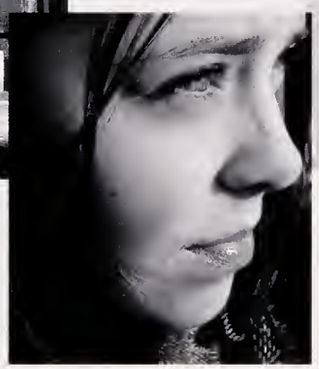
Gillian Chiu

Danielle Moreau

Krystal Wang

Power of Photography

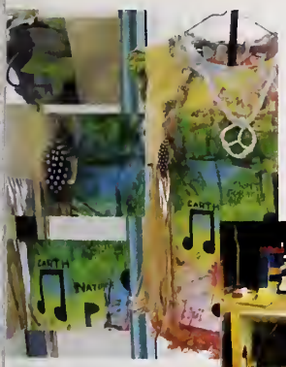
Anne Campbell



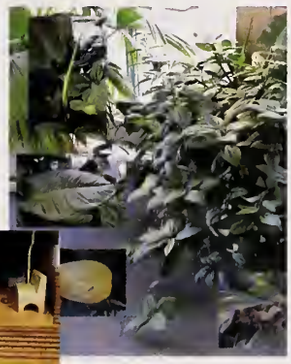
Emily Chen

Jessica Andjelic

Macro Photography



Breanna Mierxiati



Alora Simpson

Umema Rafay

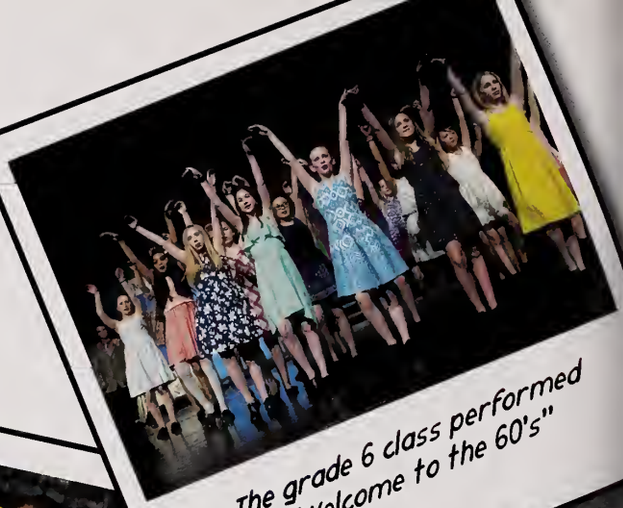
Real or Fake

Rebecca Sun

Emily Thompson

Sophie Liu

Avery Fletcher and Shannon Buckle sang their hearts out in "Welcome to the 60's" as Tracy and Edna Turnblad



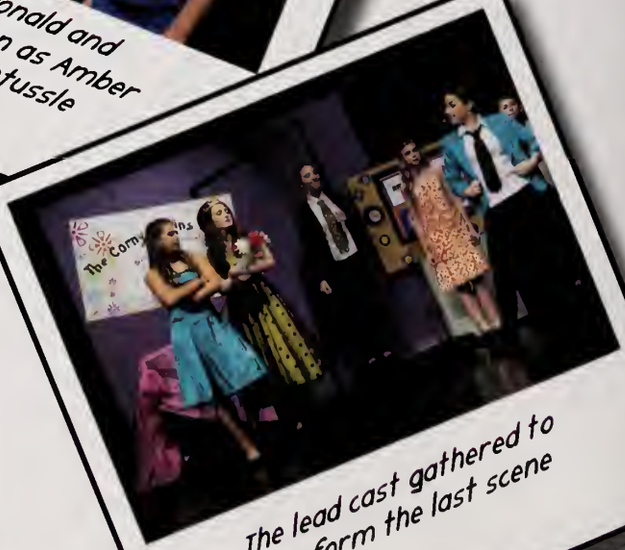
The grade 6 class performed "Welcome to the 60's"

Karen Jensen, Barrett Arbour, Kate Hokanson, Avery Fletcher performed a dodgeball scene

Kate Hokanson and the grade 7 class all joined together to sing "It Takes Two"

Samatha McDonald and Victoria Stefanson as Amber and Velma Vontussle

Avery Fletcher and the grade 7 class started off with the opening scene, singing, "Good Morning Baltimore"



The lead cast gathered to perform the last scene

Hairspray Jr.

This year's Middle School production "Hairspray Jr." was a huge success, filled with bright colours, lively songs and energetic dancing. All the students and staff worked very hard to bring this show to life. The auditions were held in late November, and the cast was announced just before winter break. As soon as we returned to school, we were practicing almost non-stop, doing our best to perfect every line, note and dance move. Before we knew it, it was time for full-cast dress rehearsals. There was a lot of rushing around and a few last-minute adjustments. We had to be ready at all times. There were two shows, both of which were completely sold out! The audience was engaged throughout the entire night. As the curtains closed for the final time, we were all very proud of our great performance. However, we were sad at the same time because we all loved Hairspray and were disappointed to see it end.

By Carrington Dong, Bridget Beauregard, Brooke Antman and Munroop Bhandal

Avery Fletcher, Sam McDonald, Kate Hokanson and Victoria Stefanson bonded during rehearsals

The grade 8 class put on a convincing performance of "The Big Dollhouse"

The whole cast came together and sang the last song with great energy, "You Can't Stop the Beat"

Lexy Müller Morán as Ms. Hannigan

Annick Beauchesne as Annie

Jasmine Tingey as Rooster and Aurora Robert as Lily

Senior School Musical

This year the Senior School's production was Annie. There were three shows consisting of two evening shows and one matinee from March 12 to March 14. Annie, a musical about an orphan determined that her parents would come back to find her, gets adopted by a rich man named Oliver Warbucks. From there, the story develops as the relationship between Warbucks and Annie begins to grow. The show was wonderfully performed by a determined group of students giving up their leisure time to create this piece. Throughout this production, the full cast was able to create new bonds and make many memories that will last them a lifetime. The cast would like to thank everyone who supported them and made the show possible. By Olivia Kim

Rita Cheng, Nihal Bhullar, Lucy Wang, Michelle Tingey, Sophia Buller-Courage, Annick Beauchesne, Olivia Kim, Lexy Müller Morán Krystal Wang, Abigail Scott, Lily Li, Genevieve Field, Rosie Deng, Samantha Frost, Ruolin Zhang, Lauren Melnyk, Simran Roopra
Missing: Alex Chubaty-Boychuk and Sophie Joyal

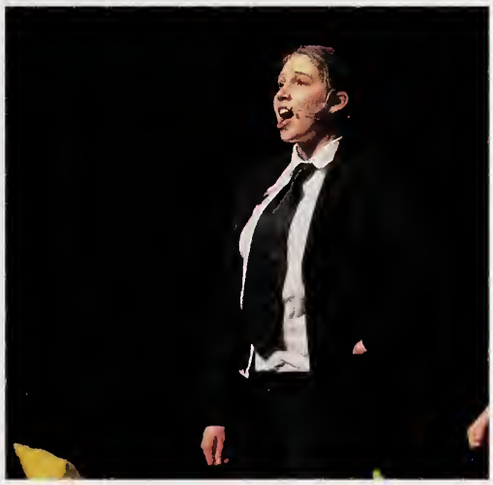
Alex Chubaty-Boychuk as Oliver Warbucks

Olivia Kim as Grace and Sophia Buller-Courage as Drake

Sophie Joyal as Burt Healy

Annie

The full cast thanked the backstage and the lighting crew members at the end of the show



Alex sang a solo in "A new Deal for Christmas"

The Orphans excitedly chatted around the Christmas Tree

Lexy, Jasmine and Aurora acted as the evil trio

The Cabinet members performed the song "Tomorrow"

Rita Cheng, Krystal Wang and Alice Ma acted as Mr. Warbucks' maids

It's hard to beat a person who NEVER GIVES UP
Babe Ruth

Nicky DePape
Sports Captain

I am so honoured that I was given the privilege of being your Sports Captain for the 2014-15 school year. Thank you to the students, staff, and my fellow prefects for making this past year so amazing and extremely spirited. The participation in our Blazers sports teams and with the many activities the prefect team put together was tremendous. The level of enthusiasm for interhouse, spirit week, wellness day, and the countless other activities, was higher than I have ever seen in my past twelve years at BH. Thank you to Mrs. Sveinson for all her hard work with our prefect team and to Mrs. Green and Ms. McDonald for all their work with BH athletics. I hope everyone had an amazing year and that the amount of spirit in the school continues for years to come!

Simran Roopra
Honourary Braemar House Head

Logan Chubaty-Boychuk
Middle School Braemar House Head

Hey Braemar!
It has been awesome being your middle school 2014-15 Braemar House Head! I hope that everyone has had as much fun as I did this year. There was so much participation in interhouse activities and lots of spirit throughout the year. From the house cheer assembly to dodge ball interhouse, everyone has been so amazing, enthusiastic, and really spirited! I hope that everyone in Braemar will continue to be energetic, active and try their hardest at anything that happens around the school. Thank you to all the prefects for making this year as fun as it was, and a special thanks to Simran for helping out as senior school Braemar house head. Let's end this with a thunderclap. 3...2...1... *CLAP*
- Logan

Courtney Masson
Senior Ballater House Head

Emily Allan
Middle School Ballater House Head

When I took the position of being Ballater House Head, I started the year with positivity towards the student body and my Prefect team. What I received from the wonderful group of girls and teachers in the Ballater house was awesome! Thank you to everyone who attended interhouses and enjoyed the activity. I loved planning exciting activities for everyone to enjoy. My personal favourite was the pudding eating contest, which I have always dreamed to do! Another favourite aspect of mine from the year was bringing back the house and school cheers. I hope you all sing those with joy and pass them down for others to be proud of our great house and school! Thank you to my prefect team for making our last year amazing and leaving in the best way, by being awesome. I have been proud of the Ballater house ever since my very first day at BH, and I have been honoured to spend half of my time this year with planning the year to be awesome and by representing you girls. Go deep deep, down down with Ballater forever!!

Shannon Buckle
Middle School Glen Gairn House Head

Abigail Scott
Senior Glen Gairn House Head

I am very proud of the Glen Gairinites, win or lose we are the best house! I have only been at Balmoral Hall for 2 years and thanks to everyone at BH they have been the best in every way possible. The reason I was drawn to being the Glen Gairn House Head was due to my mom and aunt who both have filled this position, being on the student council and being involved regardless of the many weekends lost due to this, was amazing and I wouldn't trade it for the world. I am pleasantly surprised by the spirit BH can show and hope future House Heads and students continue to show pride for their school and houses; despite it being spirit week or not, remember no spirit is restricted. As my mother said "Keep up the great work guys, and lets continue to show that Glen Gairn spirit!" and remind yourself "Don't worry, be happy!"

Camryn Gauthier
Middle School Craig Gowan House Head

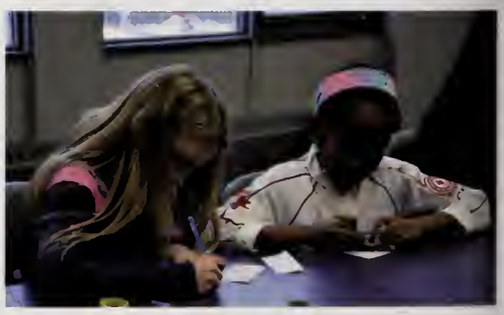
Annie Luo
Senior Craig Gowan House Head

Hopefully after a year's practice, you got to remember our lovely house cheer "Craig Gowan, mellow yellow" (and be sassy!). It has been another successful year! I hope you are proud of being a part of "the yellow house" and continue to shine with energy and happiness. Being spirited doesn't mean to be crazy all the time, but rather to retain a cheerful heart and be proud of what you believe in. The future is unknown and unfathomable, but you can choose to live as if there will be sunshine everyday. I think yellow can also be a symbol of happiness, warmth and hope! Craig Gowan is your lighthouse——it guides you through the sea of life. The cheerful "mellow yellow" spirit will help you to inspire your boundless potential. Hey you, everyday is a sunny day!

Teachers and students took part in pop-up yoga in the atrium

Wellness Day

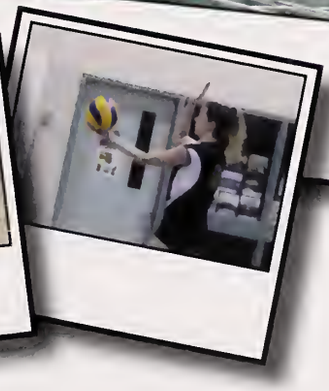
This Wellness Day, the school shifted focus from health and physical wellness, towards mental wellness. A large portion of the student body was split up into house groups to do activities at different stations. At Hug the Monster, students learned to face their fears. At Feed Your Brain, everyone had a nutritious snack; At We Are All Different, students built ducks out of Lego. At Set a Stretchy Goal, everyone set goals that would stretch their potential. There was a chalk board where you could write things that you love, and pop-up yoga offered in the atrium for any students who were interested. Everyone had a healthy and fun time.



The days activities included stations that focused on mental wellness

Staff vs. Students

Staff vs. Students competitions are a regular part of BH interhouse. This year, staff and students faced off in various sports including volleyball and hockey. Everyone came out to cheer for their friends and teachers. The varsity volleyball team and the varsity prep hockey team played against the teachers in their respective sports making for an exciting mash-up. Overall, it was a thrilling experience not to be missed.



Junior Competitive Volleyball

First Row: Scotia Fullerton-Collison, Kathryn Lyon, Avery Fletcher, Kate Hokanson, Victoria Stefanson
Second Row: Coach Mandy Green, Logan Chubaty-Boychuk, Jessica Sui, Zoey Zaretzky, Natasha Hofer, Eve Hastings Van, Emma Hafenbrak, Sophie Delaquis, Mackenzie Bayrak-Newton
Missing: Coach Chera Mikos

Varsity Volleyball

First Row: Alexandra Trann, Sophia Buller-Courage
Second Row: Ashley Allan, Sarah Gage, Annick Beauchesne
Third Row: Coach Marc Murie, Jessica Andjelic, Claudia Venevongsa, Danielle Moreau, Coach Sean Cruickshank
Fourth Row: Jane Guberman, Chloe Balog, Abigail Scott, Simran Roopra

Golf

First Row: Dani Moreau, Claudia Venevongsa
Second Row: Bailey Horn, Coral Johnson, Olivia Keane, Chloe Balog
Missing: Katelyn Battad

Middle School:
Emma Hafenbrak, Eva Hagel MacPherson, Mila Slutchuk
Missing: Madeline Ritter

Senior School:
Rithikha Rajamohan, Shannon Ormel
Missing: Hannah Pales

Cross Country

Developmental Basketball

First Row: Gina Plett, Adi Groumoutis, Chelsea Krahenbil, Caelan Nowicki
Second Row: Alexa Stockl, Shabare Nagasundaram, Ashley Stanley, Coach Stevan Leipsic, Aliya Ashique, Gabriela Todescan, Julia Ryan, Nina Dhaliwal
Missing: Coach Roxanne Ilagan

Jr. Competitive Basketball

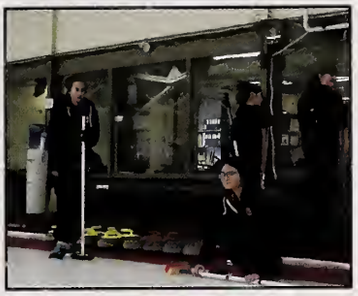
First Row: Eve Hastings Van, Kathryn Lyon, Avery Fletcher
Second Row: Emma Hafenbrak, Zoey Zaretzky, Victoria Stefanson, Kate Hokanson, Nayda James-Roy, Emma Machado, Lily Stewner
Missing: Eva Hagel-MacPherson
Coaches: Dave Crook, Tom Nicholson

Varsity Basketball

Front Row: Dani Moreau
Second Row: Lexy Müller Morán, Rosie Deng, Gloria Hu, Morgan Dubyts, Taylor Tom
Third Row: Bella Li, Tori Stebnitsky, Emily Middagh, Christine Fan, Claudia Venevongsa, Chloe Balog, Dani Creighton, Coach Jessica McDonald
Missing: Danielle Haasbeek, Rylie Wills

Victoria Young, Umema Rafay, Coach Eva Downey, Emily Thompson, Alora Simpson

Curling



First Row: Jessica Campbell, Tess Bracken, Chelsea Court, Kati Tabin, Shannon Ormel, Ryleigh Houston, Rylie Wills
Second Row: Coach Sarah Zacharias, Tori Stebnitsky, Hannah Pales, Danielle Haasbeek, Emily Middagh, Anne Campbell, Coach Gerry Wilson
Third Row: Polina Yurchenko, Laurissa Kostiw, Kyla Piskor, Taylor Tom, Stefanie Leslie, Leona Sim

Prep Hockey

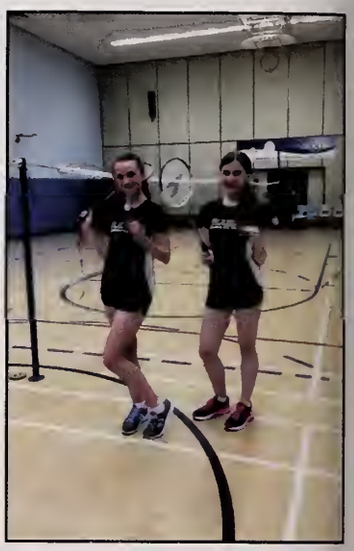
Middle School Badminton

Grade 8 Doubles:
Kathryn Lyon +
Emma Joyal
Gabi Nowicki +
Jessica Sui
Kate Hokanson +
Victoria Stephanson

Grade 8 Singles
Emma Machado
Izzy Janzen
Brooke Mancusi

Grade 7 Doubles:
Emma Hafenbrak +
Maddy Baigrie
Una Mayberry +
Portia Topnik
(Missing)

Grade 7 Singles
Gracie Speirs



Senior School Badminton

Varsity:
Doubles
Annie Luo +
Amy Song
Chloe Balog +
Kim Hurst

Junior Varsity:
Doubles:
Olivia Meier +
Claire Meier
Kirsten Benidickson +
Senna Scerbo

Singles:
Julia Johnson
Umema Rafay

First Row: Hannah Pales, Chloe Balog, Stefanie Leslie
Second Row: Rithikha Rajamohan, Kyla Piskor, Emily Middagh, Taylor Tom, Nihal Bhullar
Third Row: Payton Bell, Tori Stebnitsky, Lexy Müller Morán, Abigail Scott, Simran Roopra, Morgan Reitberger

Soccer

Second Row: Coach Williams, Coach Cook, Emma Javra, Luke Thille, Ashley Allan, Ryan McDonald, Sarah Gage, Lachlan Roche, Kaitie Ross, Stephen Crew, Matthew Rabb, Andrei Mastin, Giuseppe Colatruglio, Andrew Fustey, Josh Sterner, Katelyn Battad, Savannah Aitken, Assistant Coach Matt McDonald
Front Row: Assistant Coach Justin Tsang, Bailey Horn, Connor Stewart, Dani Moreau, Claudia Venevongsa, Morgan Dubyts, Danelle Creighton
Missing: Nitai Weinberg, Heath Chalmers, Assistant Coach Alanna Flom

Ultimate Frisbee

Middle School Track and Field

Grade 6
Alexa Stockl
Gina Plett
Nina Dhaliawal
Gabi Todescan
Shabare Nagasundaram
Lauren Horvath
Anna Ueda
Chelsea Krahenbil
Juliana West
Terri Erdman

Grade 8
Logan Chubaty Boychuk
Avery Fletcher
Victoria Stefanson
Kate Hokanson
Sam McDonald
Kathryn Lyon
Brigid Hilliker
Gabi Nowicki
Izzy Janzen
Emily Allan
Shannon Buckle

Grade 7
Emma King
Emma Hafenbrak
Alex Davis
Karen Jensen
Maddy Baigrie
Honor Hinchey
Jasmin Luszeck
Zoe Zaretzky
Sophie Delaquis
Mackenzie Bayrak-Newton
Sasha Planinich
Portia Topnik
Natasha Hofer
Irina Znamirowski
Mila Slutchuk
Aubree Reese

Senior School Track and Field

Courtney Masson, Simran Roopra, Lexy Müller Morán, Shannon Ormel, Emily Middagh

Missing: Ruolin Zhang, Meghan Hatcher, Katelyn Battad, Senna Scerbo, Johanna Bruinooge, Abigail Scott, Rithikha Rajamohan

BH
BH
BH
BH

BLAZER
ZERS

KANJAM
NJAM

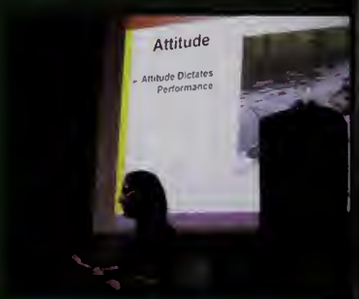
BH
BH

Athletic Banquet

Graduating Athlete of the Year
Shannon Ormel

Varsity Athlete of the Year
Emily Middagh

Junior Varsity Athlete of the Year
Danielle Moreau



In this year's athletic banquet, Sports Captain, Nicky DePape and Athletic Director, Mandy Green recognized middle and senior school athletes. The guest speaker this year was Janine Stephens, former Olympic rower for the Canadian National team. Janine won a silver medal at the 2012 summer Olympics and also has two silver medals from World Championships. She spoke of setting and attaining goals. Her message spoke of wanting and being willing to complete goals, determining performance and action requirements, and setting task specific timelines. One of her focal points was that "attitude dictates performance."

"You won't win every time with BELIEF, but you'll lose every time without it."

Junior Athletes of the year
Kate Hokanson, Kathryn Lyon, Victoria Stefanson

Honour of Distinction
for participation
Chloe Balog

Following her presentation, student athletes were presented with arm bands for the sports they participated in. Many sports presented most valuable and most improved awards. Lastly, crests and plaques were presented for recognition of participation. Coaching and supervising teams are integral components toward the success of our athletic program. Mrs. Green acknowledged the coaches who sacrifice many hours of planning and preparing for games, tournaments, events and practices.

Balmoral Hall Athletics Recognition of Participation

Most Valuable and Most Improved Athletes

Junior Competitive Volleyball:
MVP: Kate Hokanson and Victoria Stefanson
MIP: Sophie Delaquis

Varsity Volleyball:
MVP: Jessica Andjelic
MIP: Claudia Venevongsa

Developmental Basketball
MVP: Chelsea Krahenbil
MIP: Adi Groumoutis

Junior Competitive Basketball:
MVP: Kate Hokanson and Eve Hastings Van
MIP: Nadya James-Roy

Varsity Basketball
MVP: Danielle Moreau and Emily Middagh
MIP: Christine Fan

Prep Hockey
MVP: Kati Tabin
MIP: Kyla Piskor

Soccer
MVP: Chloe Balog
MIP: Morgan Reitberger

Ultimate
MVP: Dani Creighton
MIP: Claudia Venevongsa

Athletes at Balmoral Hall School earn points for participation in any athletic activity. Their points accumulate from Middle and Senior School to earn crests and plaques. The awards start with a small BH crest and work up to the honour of distinction plaque.

Students that earn these awards have dedicated themselves to hard work and drive in athletic activities at BH. This requires much discipline, to be able to juggle both academics and athletics and is no easy task. These athletes truly deserve recognition.

Small BH Crest

The small BH crest signifies that a student has accumulated over 20 athletic participation points

Avery Fletcher
Eve Hastings Van
Kate Hokanson
Kathryn Lyon
Victoria Stefanson
Meghan Hatcher
Morgan Dubyts
Ashley Allan

Large BH Crest

The large BH crest signifies that a student has accumulated over 28 athletic participation points

Lexy Müller Morán
Sophie Buller-Courage

BH Blazer Crest

The BH Blazer Crest signifies that a student has accumulated over 36 athletic participation points

Danielle Moreau
Claudia Venevongsa
Alexandra Trann
Simran Roopra

Award of Merit plaque

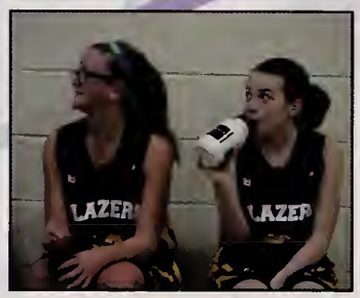
The award of merit signifies that a student has accumulated over 44 athletic participation points

Danielle Moreau

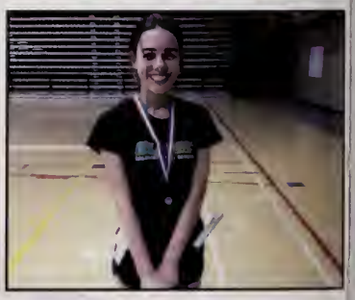
Honour of Distinction

The Honour of Distinction signifies that a student has accumulated over 52 athletic participation points. This is not an easy award to obtain and is usually received during an athlete's last year. This year's recipient is truly dedicated to the Blazers Athletic program.

Chloe Balog


LAZER
LAZER

13



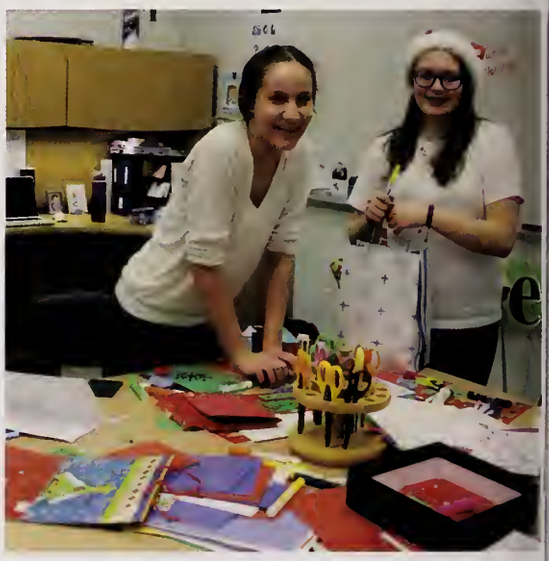
Green is the prime color of the world, and that from which its loveliness arises.
-Pedro Calderon de la Barca

Annick Beauchesne
Community Service/Green Prefect

As Community Service prefect, I feel that this past year I have worked with the entire prefect team and the student body to embody this year's motto of "Don't worry, be happy". With everyone's help, like-minded students and I were able to achieve several goals this year involving happiness, the environment, and community. With the help of the prefect team and several staff, BH was able to host another successful Girls for the Cure event. Senior school was also able to come together and celebrate Earth Week and participate in environment related activities such as: creating a leaf display highlighting students' eco-goals for the future, watching Planet Earth (the greatest TV show of all time) at flex, and focusing on recycling. These are just a few of the accomplishments that have brought me and many others pride and happiness.
I would like to thank Mr. Krymusa for his tremendous efforts in helping me run Green Club. I would also like to thank all of the members of Green Club for their help and support, and for working together to adopt an endangered otter (whose name is to be determined by next year's Green Club, hopefully they will be able to reach a consensus this time). Thank you again from the bottom of my heart.
Sincerely, Annick

Day of Giving

To celebrate the holidays, students in Middle and Senior School gave back to the community. In the morning, students in grades 6-8 prepared gift bags and later delivered them to residents of Misericordia Place. Girls in grades 9-12 went to various places around the city to volunteer such as Winnipeg Harvest, Siloam Mission and Salvation Army. It was a rewarding opportunity to spread holiday spirit around Winnipeg!



Emily Allan and Aubree Reese made cards for the Misericordia residents

Kristin Smith, Emma Javra, Victoria Young, Genevieve Field, Ruolin Zhang, Rosie Deng, Mr. Leipsic and Mr. Williams braved the cold to make people's holidays more cheerful

Mulvey Party

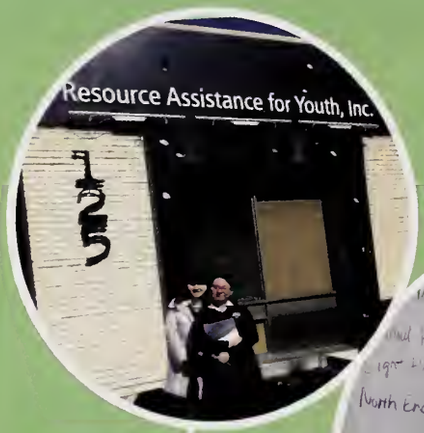
Ashley Allan helped Bella-Sophia Rogers make a holiday craft

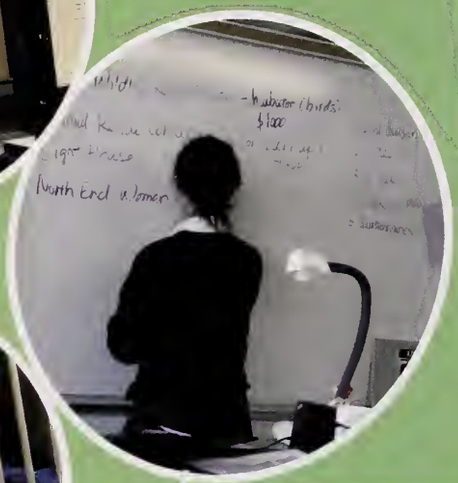
Alexis Ogaranko and Lauren Cook worked with younger students from Mulvey and Balmoral Hall to create beautiful holiday crafts

Youth in Philanthropy

Youth in Philanthropy is a club that introduces young people to philanthropy. BH's YiP committee is responsible for distributing a $5,000 grant to various charitable oragnizations around the city, of which our different focus groups visit to learn more about their goals and where funding could best be directed. Through these visits as well as the implementation of the Yip in Action project, and attending both the YiP Fall conference and Year-End Celebration, our committee members learn about our community and how various organizations work in Winnipeg. This year, our team also applied for an additional $1000 grant (which was approved!), therefore committing ourselves to a YiP in Action Project, for which we created care packages for young mothers of New Directions. In addition to our bi-weekly meetings, the YiP committee has also had a special speaker session and fun year-end potluck. We are also very proud to have been one of eight on-stage performers at this year's YiP Year-End Celebration at the Winnipeg Art Gallery. The BH YiP Committee has had yet another fruitful year!

Yip club encouraged BH to make greeting cards to wish teen mothers and their babies well on Valentine's Day
Thanks to all the students and teachers who came out to share their creativity and kind words



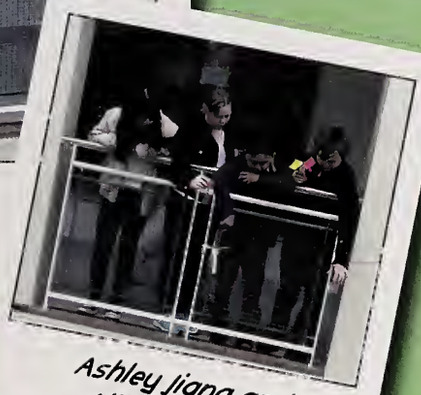


Yippers attended an inter-school conference to hear speakers tell their inspirational stories, participate in activities at breakout sessions and find out more about how we can better our community

Back Row: Annie Luo, Lily Li, Kathryne Roller, Jessie McTaggart, Sophia Buller-Courage, Tiffany Guo, Lora Hu, Rachel Sabourin Middle Row: Ms. Dykeman, Kim Jin, Gloria Hu, Cassidy Maidment, Annick Beauchesne, Arabella Xie, Shirly Feng, Alexandra Blake, Umema Rafay, Ms. McConaghy
Front Row: Ms. Cloutier, Rosie Deng, Marcia Keng, Rita Cheng, Grace Gu, Sophie Sun, Krystal Wang, Ashley Jiang

Mulvey Youth-to-Youth

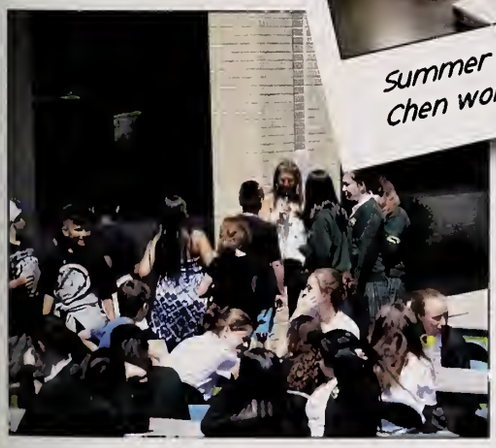
Freyja Kristjanson assisted in the helicopter drop experiment



Ashley Jiang and Allison Hilliker

The chem lab buzzed with excitement

Summer Liu and Emily Chen worked in the lab



The year ended with a celebreation BBQ in the back yard

Over the course of the year, the grade tens met with their buddies seven times, five occasions at Mulvey School, and twice at Balmoral Hall. From even the first meeting, during which the grade tens and their buddies became acquainted, it was obvious to see how much fun everyone was having. The girls and their buddies participated in many fun activities, ranging from card making to science experiments. The year ended off with a barbeque lunch at BH, where everyone was filled with a mix of emotions. While the barbeque was an afternoon not soon forgotten, this was also the last time the grade tens would meet with their buddies. Everyone had unforgettable experiences and learned many life lessons. The program was, once again, a grand success.

Green Club members: Mr. Krymusa, Emma Holeman, Annick Beauchesne, Sophia Buller-Courage, Sophie Hanson, Lily Li, Rebecca Sun, Olivia Kim and Alex Trann

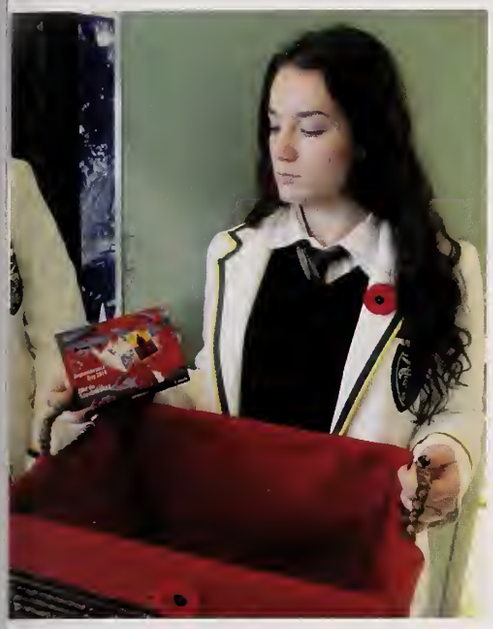
Green Club

This year, Green club focused on having a positive attitude toward the environment, and reflecting that attitude in our daily lives. Members worked to discuss environmental concerns and how we can address these concerns by taking action and improving our habits. Green Club members contributed to adopt an endangered sea otter after discussing the needs of endangered animals and deliberating over to which species they should contribute their efforts. A highlight of the year was International Earth Week in April where Green Club worked to involve both middle and senior school in environmental awareness. Throughout Earth Week Green Club members planned activities to get students involved, most memorably the creation of a leaf mural where students made pledges to help the environment. Overall Green Club had a great year. Members formed meaningful friendships based on the mutual traits of compassion and desire to make the world a better place.

The Green Prefect Annick Beauchesne and Green Club's Mascots Cody and Winston

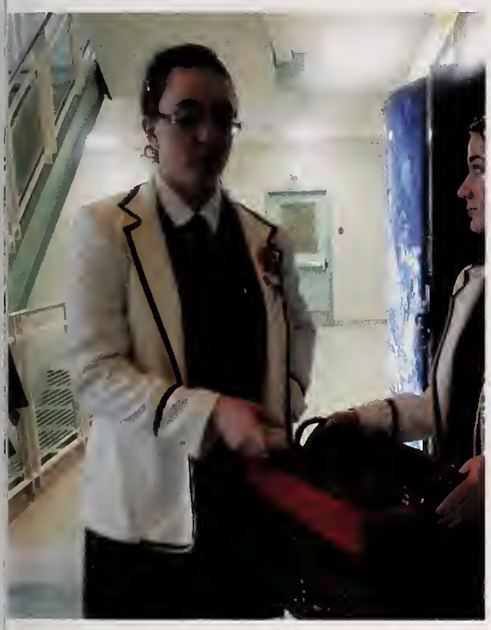
Alexandra Trann and Sophia Buller-Courage loved recycling

Remembrance Day



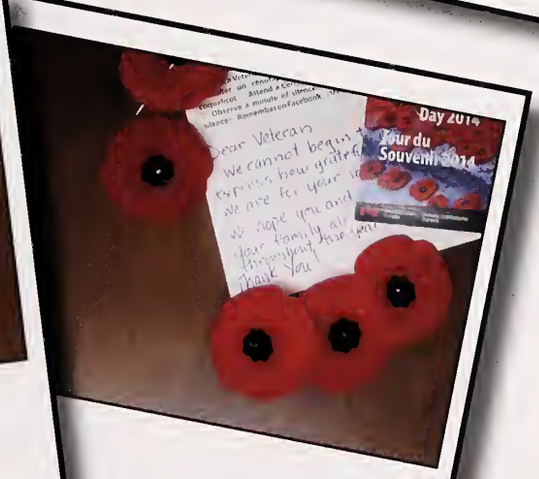
Nicky DePape stood in front of the door of the assembly to collect the postcards

On the day before Remembrance Day, students wrote post cards to thank the veterans for the sacrifice they made for our lives. These post cards were dropped off into a basket on the way in to the assembly. At the assembly, students took a moment of silence, and listened to a speech from a veteran.



The veterans and the cadets participated in the ceremony of remembrance.

Lest We Forget



Today's impossibilities are tomorrow's miracles.— Dr. Robert H Schuller

Rithikha Rajamohan
Global Issues

Time and time again I hear from the graduating class that Grade 12 has been the longest, shortest, most stressful, most exciting and mot fulfilling year of their lives. I never believed it until I was in their situation myself. I can honestly say that this has been one of the most gratifying years of my life. Being your 2014-2015 Global Issues Prefect has been such a fulfilling experience and I am honoured to be part of such a connected and passionate community. From We Scare for Hunger, SNOW Night, the Toonie Drive, and the 23Hr Famine, to name a few, the amount of support we have received was incredible, and I am honoured to be part of such a connected and compassionate community.

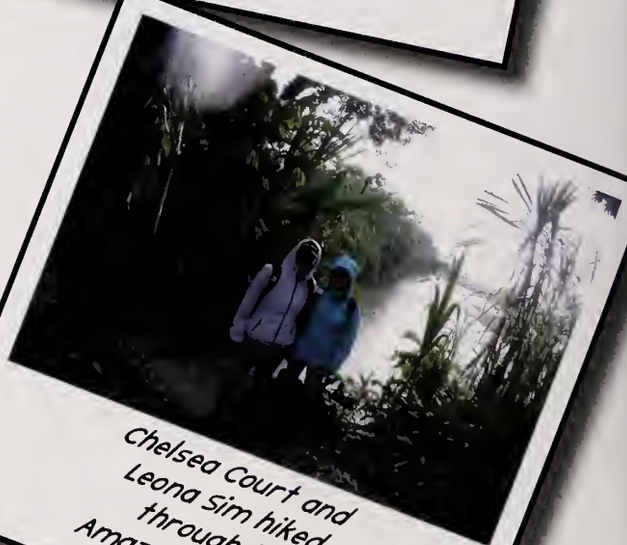
Jessica Kirshner, Emily Thompson, Abigail Scott, Shannon Ormel and Maya Schwartz spent time playing with the children

Leona Sim, Shannon Ormel, Chelsea Court and Danielle Haasbeek met a local at the equator

Ivy Tang and Elva Fan cleared brush to make space for reforestation

Our trip has officially reached the middle of the world

Mrs. Briggs and Ms. Kirk's time to relax in the rose garden was interrupted by Chelsea Court

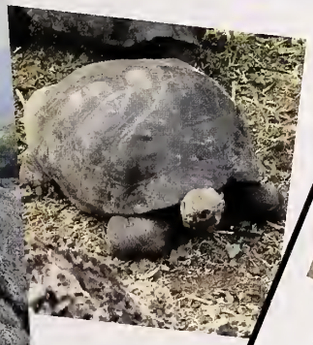


Chelsea Court and Leona Sim hiked through the Amazon rain forest

2075 Service Trip

In March, Balmoral Hall students had the chance to explore Ecuador and The Galapagos Islands in South America. The trip consisted of 9 days travelling through Quito, the capital city of Ecuador, the Amazon Rainforest and The island of Santa Cruz in the Galapagos. The girls learned about the unique and rare biological species that are native to the islands by visiting the Charles Darwin Museum and visiting Amazoonico, a rehabilitation center for injured and ill animals. Students also had the opportunity to help kids at a local school in the Amazon, teaching them about personal hygiene and donating supplies and souvenirs from Canada. The girls had an incredible time travelling on this once in a lifetime trip!
By Emily Thompson

Gillian Chiu, Mrs. Briggs, Ms. Kirk, Gen Field and Maya Schwartz rafted down the Napo River



Ivy Tang, Elva Fan, Summer Liu and Grace Gu visted a butterfly sanctuary

Danielle Haasbeek, Shannon Ormel, Gillian Chiu, Maya Schwartz, Emily Thompson, Abigail Scott, Gen Field, Jessica Kirshner, Ivy Tang, Leona Sim, Ms. Kirk, Chelsea Court, Summer Liu, Grace Gu and Elva Fan experienced the wonders of The Galapagos Islands during a great Spring Break educational service trip

Gillian Chiu and Emily Thompson handed out bags with dental care packages to the students from the local school

Girls for the World

Girls for the World, led by Ms. McGill and prefect, Rithikha Rajamohan, focused on children's rights to education and safety during the 2014-15 school year. The group participated in activities such as We Day, We Scare for Hunger, the 23 Hour Famine, Snow night, Toonie Drive and We are Silent. Children in Winnipeg as well as globally benefited from their activities of awareness and fundraising. This was a very popular club at Balmoral Hall with approximately 27 participants. We thank everyone for their interest in global, social justice issues. It has been a great year for GfW!
By Rithikha Rajamohan

Apne Aap Women's Collective helps at-risk children in Mumbai, a city with one of India's largest red light districts

We Day Volunteers pumped up the crowd inspriring change

We Are Silent students made a statement about human rights

Full school Loonie Drive lined the hall

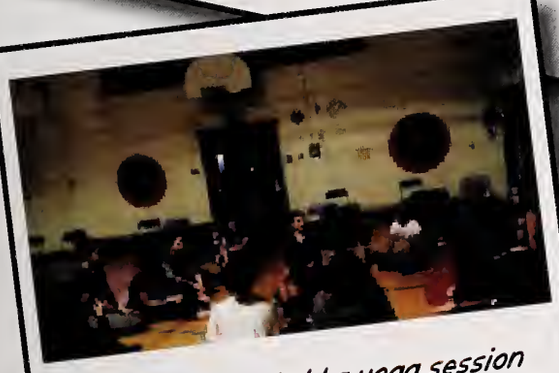
Snow Night participants Abigail Scott, Bailey Horn, Ms. McGill and Mrs. Green

23 Hour Famine

The point of the Famine is for participants to show their solidarity with those who are less fortunate. We often talk about the circumstances and conditions that many people live in, such as lack of access to proper sanitation, food, or medical care. However, it's something that's hard for us to grasp when we have never experienced it. The Famine was a way for us to come closer to understanding what it is like to live without access to our basic needs.

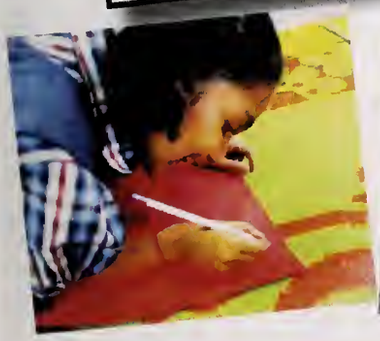
Serge Kaptegaine, a refugee and activist from the Congo, spoke to the famine participants about life in the Congo and hope for the future

The world is like a house. It is your house. If one of the rooms is on fire, you would call for help, you would try to put it out, save it. Even though it may not be your room, you would try to save it because you know what happens in one room affects the whole house. The world is a house as well, and all of the different countries and people live in it. What goes on in one room, affects everybody else in the house as well, it doesn't matter what room you're in because we're all living under the same roof, and within the same walls.
Serge Kaptegaine

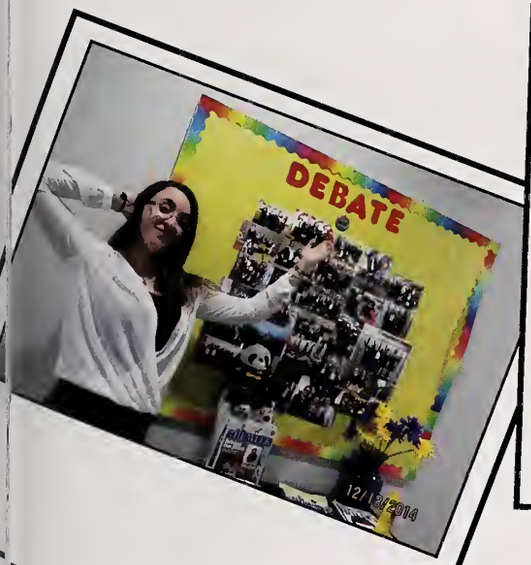


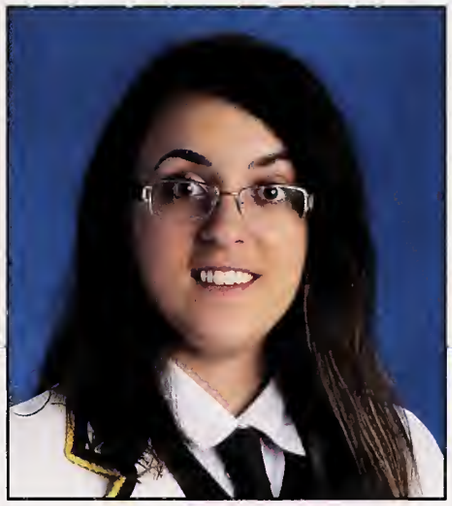
Mrs. Sveinson held a yoga session to end the night to relax our minds before heading off to sleep

23 Hour Famine Participants: Elizabeth Tingey, Garima Moudgil, Serge Kaptegaine, Meghan Hatcher, Alex Chubaty-Boychuk, Erin Jeong, Paris Musaphir, Rachel Sabourin, Lexy Müller Morán , Rithikha Rajamohan and Olivia Kim



Deliberation and debate is the way you stir the soul of democracy. Jesse Jackson





Leah Bernhardt
Student Affairs

This year has gone by so fast, and debate has been an incredible time this year! I've been so proud of what BH debaters have been able accomplish, not just in the city, but across the country and the world. Success doesn't come without help, and there are a few thanks that need to be expressed: firstly, to my trusty debate partner, Katherine: thank you for reaffirming my ability to think coherently, especially when I've given an average speech, to my "apprentice" Maddy, thank you for all your support at tournaments, and to my sister, Rachel, for running impromptus with me until you're sick of them. I'm sure you'll all go very, very far with debate! Of course, a huge thank you to Mama Smith and Ms. Nikkel - your hard work over the last few years has been incredible, and we hope we've been able to do you both proud. To my fellow prefects, and our spirited leader Mrs. Sveinson: it's been a crazy ride this year, but having the chance to get to work alongside all of you has been an immense honor. Thank you to everyone for making this the best year at BH, hands down!

Debate

The 2014/2015 debate and public speaking season offered many opportunities and successes to the junior and senior Balmoral Hall teams. Both were able to compete in a range of local, national, and international competitions, gaining invaluable experience and developing their skills. The year began with the Asper Cup Tournament, at which Leah Bernhardt and Katherine Burley placed 2nd as a team, qualifiying them for the Oxford Cup in Montreal. They later qualifed through Provincials for the Senior Nationals held in Toronto. In October, Annick Beauchesne, Leah Bernhardt, and Katherine Burley travelled to Hong Kong to compete at the International Independent Schools Public Speaking Competition, during which they were able to show off their skills in unfamiliar categories and reconnect with fellow competitors. In the junior circuit, the year began with a tournament at SJR, at which Rachel Bernhardt and Victoria Young placed 1st as a team. Later in the season, the team of Rachel and Kristin Smith placed 2nd as a team at Provincials, qualifying them for the Junior Nationals at SJR. Additionally, Maddy Ritter and Irina Znamirowski took home 1st place at the Novice Provincials. Other tournaments included the McGill University tournament and the Donahoe Cup in Halifax. All in all, the girls were able to compete in a total of 25 tournaments during the course of the year, which required extensive preparation, much of which was supported by the debate coach, Ms. Nikkel, for which the debate team is eternally grateful. Thank you, Ms. Nikkel.

Annick Beauchesne, Katherine Burley and Leah Bernhardt represented BH at the International Independent Schools Public Speaking Competition in Hong Kong

The senior team of Alexandra Blake, Katherine Burley, Leah Bernhardt and Annie Luo competed at the annual Rupert's Land Public Speaking Competition, placing second as a school

Irina Znamirowski and Rachel Bernhardt demonstrated their impromptu skills at a junior SJR tournmament

The junior team of Karen Jensen, Grace Thomson, Jessica Sui, Rachel Bernhardt, Maddy Ritter, Munroop Bhandal, Mila Slutchuk, Lily Stewner and Lauren Burns competed in a tournament at Acadia Junior High

I didn't know where I'd end up. You don't have to know, you just have to go.
Mark Cuban

Simran Roopra
Alumnae Prefect

People always ask me what BH is to me. BH is a family. It is a second home that I will always cherish. During my younger years, I always looked up to the older students, especially the prefects. I have always been very fond of the Alumnae Prefect position. I love learning about our BH history and meeting past alumnae who have walked in our very own halls and hearing the outstanding stories that they have. I am outrageously grateful to represent the graduating class of 2015. Although we will all be taking off to explore a new chapter in our lives, we will always keep in contact! My advice for next year's Alumnae Prefect is to always have fun and to make the best of the 2015-2016 year. For those of you that have years to come until your senior year, I want you ladies to know that your high school years are precious and it's important to make as many BH memories as you can! There is no place like BH, where we will always be family no matter what. I will miss this family with all my heart.

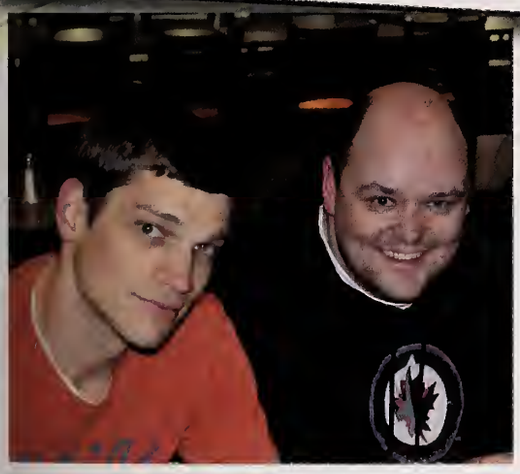
Home for the Holidays

Home for the Holidays is an annual event that brings alumnae together to share experiences and stories from their lives after BH. They talk about their time in university, marriages, children and careers, among other things! They get a chance to visit with former teachers who come to see them as well. This year, Mrs. Kamins, Ms. McGill, Mrs. Greenhill, Mrs. Sammons, Mrs. Friesen, Mrs. McDonald and Ms. Fulton Bailey came to see what everyone was up to. The event was a big success!

Natasha Cobb, Madison Maidment and Katie Eva toured the school to see how things had changed and visited Miss Akerstream's room to leave a message

BH alumnae reunited for an evening of fun times and great friends

The challenge was on with the alumnae taking on the current prep team



Guest referees, Mr. Krymusa and Mr. Williams kept things under control during the game

Gariepy Cup

This year marked the 8th Annual Gariepy Cup. Since the inception of the hockey program, Balmoral Hall has continued to stay in touch with past alumnae. One of the best ways to see the girls that have come through our doors and gone on to play college hockey is through some good old fashion shinny. The Gariepy Cup has expanded over the years with more alumnae coming to each one. This year was the first ever full ice alumnae vs. prep team game. With 12 alumnae suiting up against 18 current prep players, the teams took to the ice in what ended up being a high scoring, action packed match that saw the alum win with a final score of 9-8 over the prep team. Afterwards, the girls got to sit down together for a dinner and great company, where the coveted Gariepy Cup was awarded to Team Alum, while Team Prep took home the Rotten Apple Award. We're all looking forward to next year's game already!

VS.

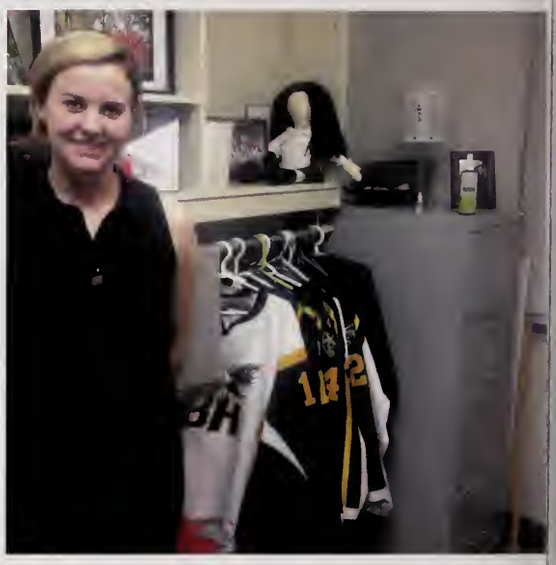
Alumnae Presentations

Sarah Murdoch
Law

Colleen Furlan
Musical Performance

Joanna Liu
Hotel Management

During the grade 10 university exploration series, U of M Asper students, Elise MacDonald, Caitlin MacDonald, Kyleigh Palmer and Michelle Pawluk spoke to the girls about their education in business



Sarah Zacharias - Coaching

Carla Pienaar - Industrial Design

Kathleen Kopp came to discuss the Canadian Mennonite University's Outtatown Program with Alexis Ogaranko

Kathryn Marcynuk
Computer Science

Liza Cordova
Physio Therapy

Nancy McQuade
Veterinary Medicine

Sarah Michel - Performing Arts

Sarah Michel spoke to the senior school musical cast via video about her Top 5 Tips for building a musical career

Kathryn Marcynuk visited the grade 8 students and then spoke individually to computer science class students interested in pursuing a degree in comp sci

Carla Pienaar also gave some advice to Sharon Joda about her interest in interior design and checked out Sharon's Passion Project

Dr. McQuade brought her therapy dog, Bonnie, to visit the girls

Staff

Claire Aiello

Krista Akerstream

Chris Allinotte

Tina Alto

Valdine Anderson

Devon Barker

Gorette Bento-Teves

Karen Bieber

Brenda Boonstra

Kera Borodkin

Marilyn Bowles

Caitlin Briggs

Tracy Burston

Sharla Chochinov

Gen Cloutier

Sean Cruickshank

Dave Dalgliesh

Erin Danzinger

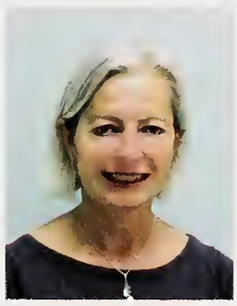
Staff

Cyndee De Lande

Trish Del Grosso Steeds

Susan Delaney

Gen Delaquis


Jan Delmonico Gibson

Claire Dickson

Cathy Doerksen

Christine Durham

Amanda Dykeman

Colleen Einarson

Jennifer Fenwick

Mary Fultz

Stephanie Gagnon

Kathleen Gallagher

Denise Gariepy

Gary Gaudry

Matthew Gelley

Rita Globa

Amanda Green

Jodi Hafenbrak

Sandra Haithwaite

Roma Hanson

Staff

Tannis Hart

Cheryl Haverick

Anne Hedley

Krista Hooter

Shella Hunter

Bin Dong Jiang

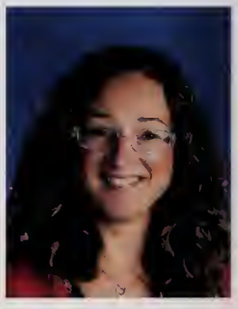
Wayne Johnson

Vicky Jordan

Joanne Kamins

Suminder Kang

Kristina Karlsson


Christine Kerr

John Kerr

Jennifer Kirk

Wesley Konrad

Tim Krymusa

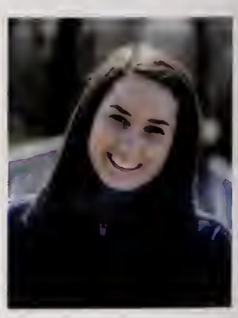
Max Lampron

Michelle Layte

Nancy Leigh

Stevan Leipsic

Tracy Leipsic


Maddy Loewen

Staff

Maja Malenica

Sonia Mariquit

Gabrielle Martens

Kathie May

Brenda Mc Conaghy

Jennifer McDonald

Jessica McDonald

Lois McGill

Annika McPherson

Chera Mikos

Patricia Mitchler

Anita Moeller

Taryn Moffatt

Heather Naughten

Richard Ndlovu

Rachel Niessen

Carissa Nikkel

Katelynd Nizio

Kirsten Osborne

Jennifer Pawluk

Simone Penner

Windy Preyma

Staff

Leslie Robertson

Ruth Schellenberg

Laila Schwartz

Sarah Simm

Judith Steek

Adele Stevens

Don Suderman

Darlene Sveinson

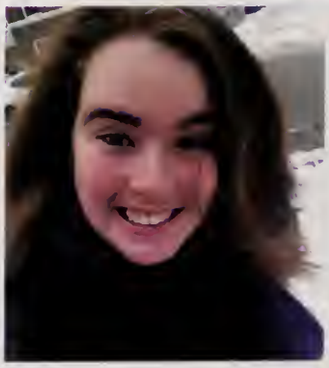
Jessica Symington

Kim Thomas

Residence Staff
Tracy White
Kathie May
Lesley Robertson
Erin Danzinger
Jessica Symington
Claire Aiello
Maddy Loewen

GAPpers / staff
Anne Guest
Clair Hines
Anna Berrington
Arlette Kosecki
Claire Keyworth
Bridgett James
(Missing)

Drivers
Karen Baldwin
Gerhard Sommerfeld



Staff

Arda Thomson

Signy Thordarson

Jill Trickett

Rita Troutmann

Riley West

Rob White

Tracy White

Ketri Wilkes

Bryan Williams

Gerry Wilson

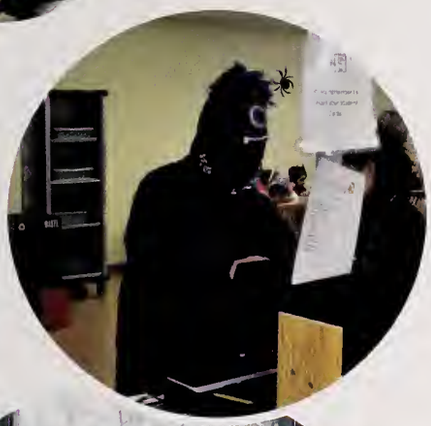
Sarah Zacharias

Dave Zimmerman

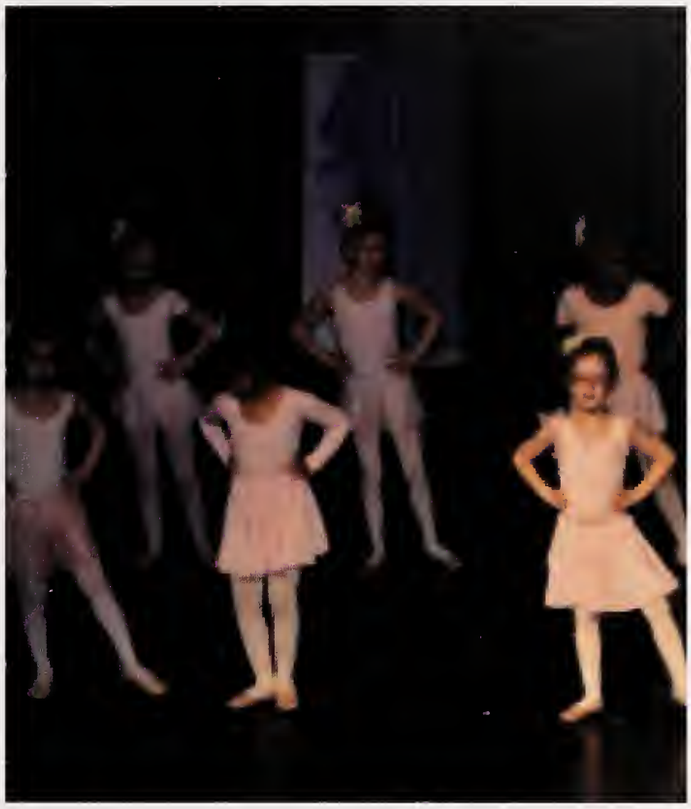
2014-2015 Dana Hospitality Kitchen Staff

Staff

WINNIPEG



SIGHT WORDS



BH Beginnings Parkland

Mckenna Brown

Rooney Cringan

Romie Damphousse

Maya Dhalla

Callista Dong

Isla Downey

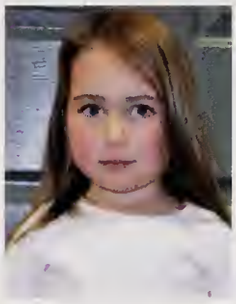
Carmen Gamboa

Lottie Gompf

Emma Herner

Elissa Jessiman

Kate Lapointe


Abigail Martyniw

Leah Paul

Christina Poon

Emilia Sirski

Kendra Zaretzky

Erica Zawislak

Julia Zhan

BH Beginnings Riverbend

Shamsa Aleassa

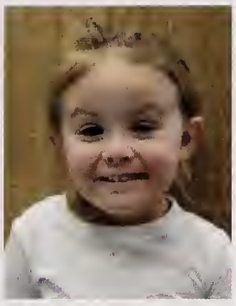
Brielle Ballegeer

Leah Ballegeer

Zereen Bhuiyan

Ingrid Buffo

Anouchka De Lazzer


Paityn Dear

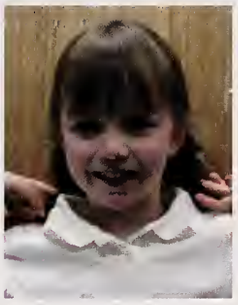
Kerrington Field

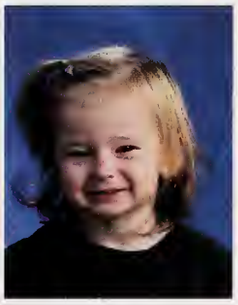
Mackenzie Hiebert

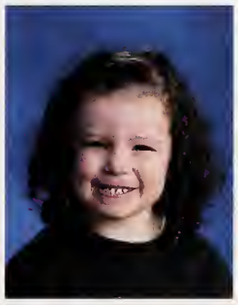
Sameera Kabani

Wei-Yan Kung

Amélie Lê


Niamh Maclennan


Sawyer Martinson-Wilkes


Isla Moffatt

Madeleine Murray

Rushaam Nagasundaram

Emily Pile

Charlotte Proctor

Syra Sandhu

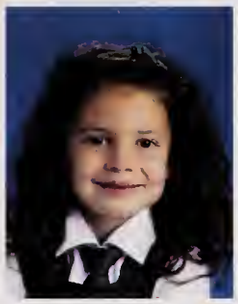
Ava Swedlo

Charlotte 't Jong

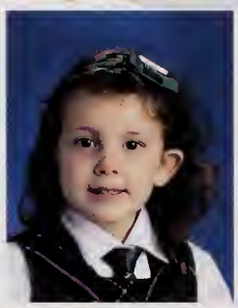
Paige Trepel

Ella Van Dyk

Junior Kindergarten Mrs. Burston



Gabrielle Andreas

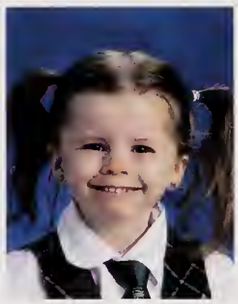


Amélie DuBois

Bailee Finkleman

Sara Gatin

Daulat Kabani



Lucy Mayberry

Emily-Ann Page

Cadence Podaima

Mia Shapiro

Neilah Suleiman

Isabella Toupin-Mulvihill

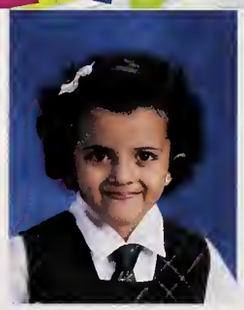
Georgia Warwaruk

Nicole Zawislak

Junior Kindergarten Ms. West

Habby Brar

Rowan Chaze



Rayan Elkhemri

Gillian Fan-Grassing

Kennedy Gandier

Sofina Jessiman

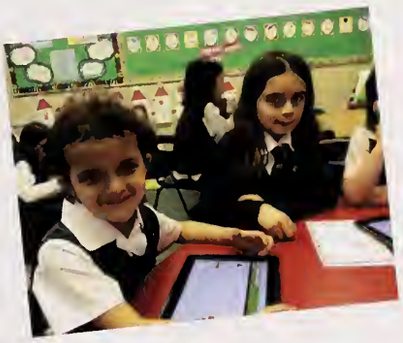
Isabella Maidment

Gretta Pancoe

Alexa Pitz

Luna Santos

Linh Tran



Junior Kindergarten Mrs. Kerr

Scarlette Birch

Gabrielle Danielson Roy

Sasha Dyck

Olivia Gillies

Uma Kotecha

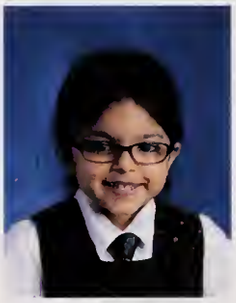
Siena Liba

Maisie Manning

Naomi Poturnak

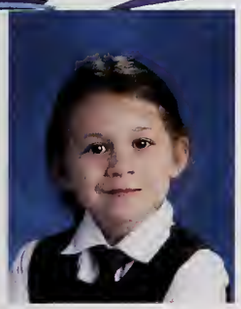
Brannagh Rae

Lucija Rolfe-Maric

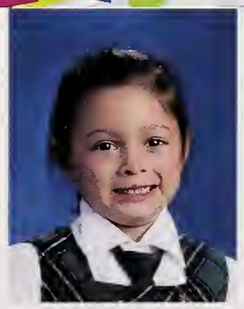

Gaureen Bani Sidhu

Vitaly Vargas

Kindergarten Mrs. Thomson


Ruby Berry

Avery Blouw


Olive Chornopyski

So'Lanna Dallaire

Helga Epp

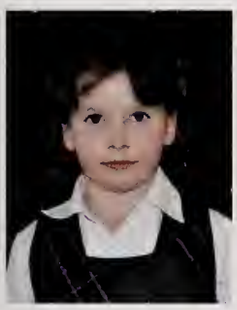
Sophie Gillman

Reeha Grewal

Brooklyn Henderson

Krissa-Lee Hunter-Gerardo

Mena Kravetsky


Cloé Levesque

Lily Nimmagadda

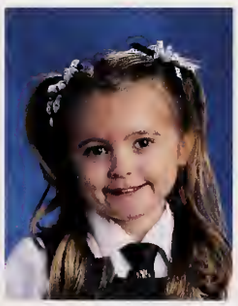
Matheson Pachal-Stewart

Emily Prayag

Payton Procter

Emma Safiniuk

Lauren Trepel


Tatiana Von Kuster

Sasha Wang

Cassidy White

Grade 7 Mrs. Borodkin

Moudhi Ali

Yumna Awan

Kylie Bishop

Katherine Bru

Anna Cope Walker

Emily Davey

Dercontee De Groot

Alaa Elbarouni

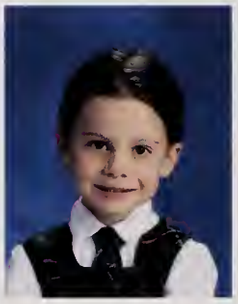
Lauren Field

Stefanie Gatin

Lyla Gompf

Natalie Klassen

Mya Kramar-Green


Katherine Litvinov

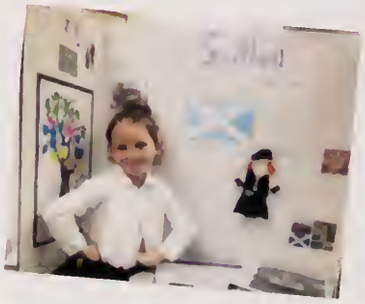
Arlie McDowell

Ayla Nguyen

Ryleigh Ogilvie

Harsheen Sidhu

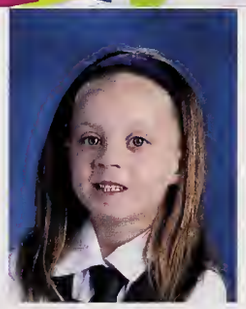
Danica Sumaling

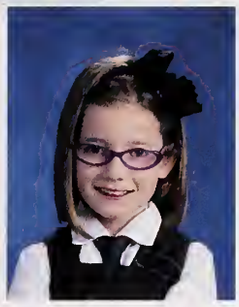


Grade 7 Mrs. Schwartz

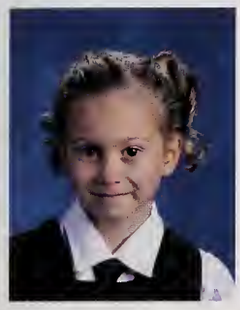
Yumna Abas

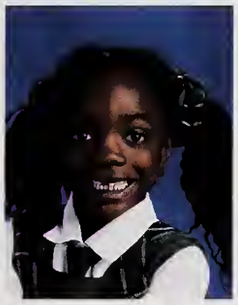
Aisha Aleassa


Elizabeth Anderson


Ruby Andrew

Chloe Chau

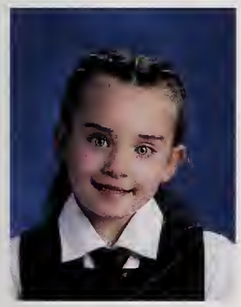

Sophie Dawe


Cecilia Djomo Chankio

Rana Elkhemri

Calyssa Eng

Elly Heimbecker


Kaci Huggins

Ayla Litton

Zara MacDougall

Alexa Ormiston

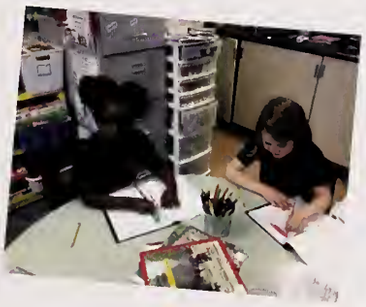
Alison Pettigrew

Olivia Sivilay

Sarah Surminsky

Eleonora 't Jong

Gabrielle Williams



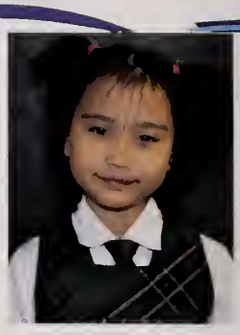
Gr 2 Ms Dickson & Naughten

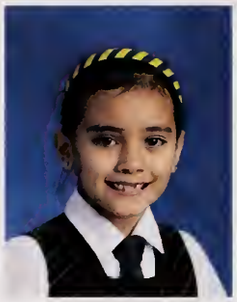
Marya Ashique

Sienna Bater

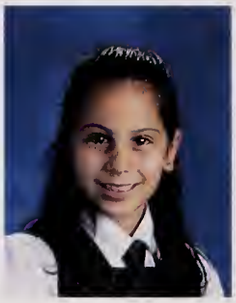
Kailey Chan

Isabelle Danielson Roy

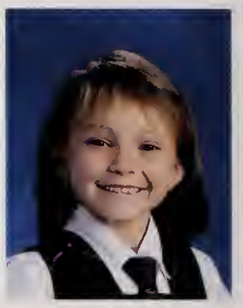

Zixuan Fang


Trinity Finley

Leah Gowrie


Anna Hajidiacos

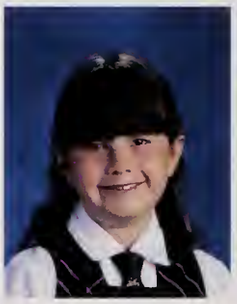
Leah Lins


Miranda Marrin

Chloe Mathew

Zaiah McDowell

Lily Polet


Alitiana Aptekmann

Brooke Bailey

Anna Bajan

Sara Bevan

Emily Butler

Alex Campbell

Nastassija Gabriel

Emma Hilliker

Mila Kerr

Julia Lazareck

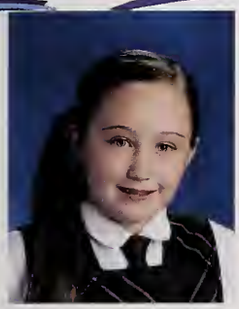
Sabrina Rutkowski

Stephanie Ryan

Keira Topnik

Anneka Von Kuster

Gr 3 Mrs. Hanson & Chochinov


Victoria Alexander

Asmara Azeez Ismahil

Alicia Chan

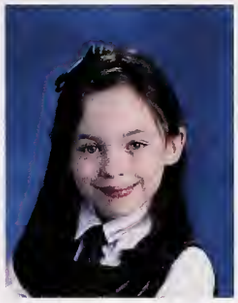
Anna Didyk

Zelal Emre

Anneliese Gasmen

Emily Halldorson

Kyla Kwiecien

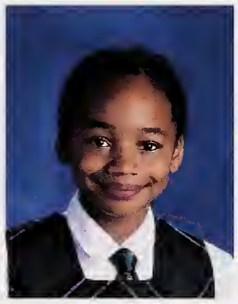

Claire Mayberry

Grace Olafson

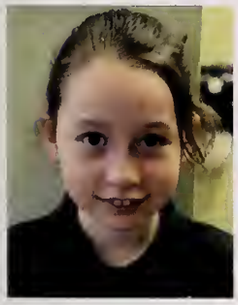
Jozi Oliver

Bella-Sophia Rogers

Katelyn Sigurdson


Valentina Anang

Diana Bahrami


Fiona Barkman

Katie Bishop

Elaina Bru

Emily Cuvelier

Mira Davey

Anna Dornetshuber

Reagan Jaworski

Lura Klassen

Brynn McConnell

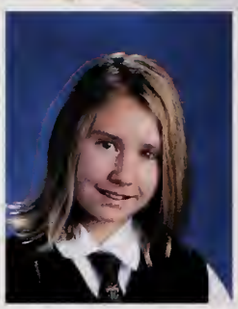
Sarah Nason

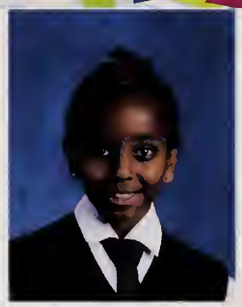
Chloe Raccio

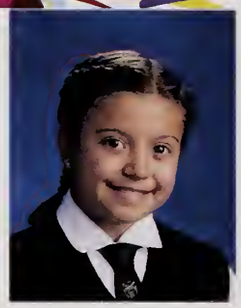
Janet Venditti

Grade 4 Ms. Thordarson and Ms. Preyma

Scarlett Andrew

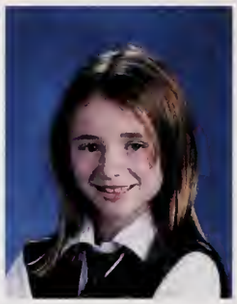

Elizabeth Butler


Makeda Davis


Ella Dawe

Brooke De Pencier

Isra Elbarouni


Ryann Hafenbrak

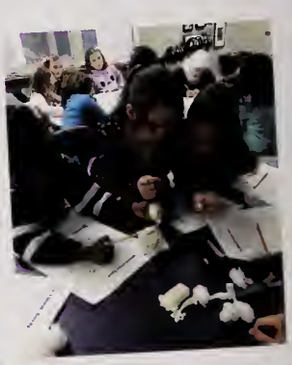
Erika Handregan

Hope Hinchey

Inez Mayberry

Alicia Topnik

Brooklyn Watkins



Megan Burns

Kameron Chan

Katia Djomo Wongep

Kirsten Drexler

Janeve Gaumond

Alyssa Kalaitzakis

Annika Miller

Ainsley Reese

Katherine Robinson

Grade 5 Mrs. Delande & Mrs. Osborne

Amy Bajan

Nina Baty

Jordan Campbell

Lucy Christopher

Malaya Humeniuk

Stephanie Jordan

Alexandra Lyubimova

Lucy MacDougall

Breanna Roussin

Mya Sareen

Sophie Schwartz

Claire Venevongsa

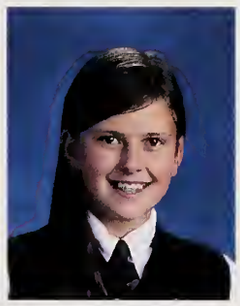
Kennedy Campbell

Natalie Cuvelier

Lauren Haverick

Hope Johnson

Yanina Kharytanovich


Lauren King

Samantha Lowe

Sarah Mathew

Colleen McConnell

Meghna Rajamohan

Mila Tielmann

Grade 6 Mrs. Delaney

Aliya Ashique

Bridget Beauregard

Nina Dhaliwal

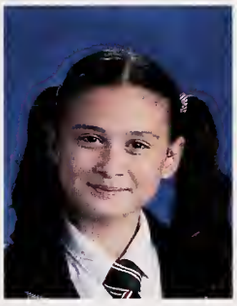
Carrington Dong

Terri Erdmann

Adi Groumoutis

Samah Haq

Lauren Horvath


Nora Jordan

Chelsea Krahenbil

Violet May

Amishi Mittal

Shabare Nagasundaram

Caelan Nowicki

Gina Plett

Julia Ryan

Ashley Stanley

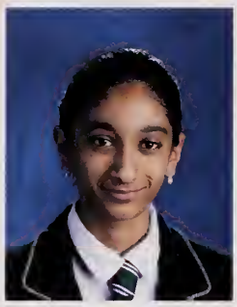
Alexa Stockl

Gabriela Todescan

Anna Ueda

Juliana West

Grade 7 Ms. Boonstra


Munroop Bhandal

Lauren Burns

Alexandra Davis

Jia Yun (Crystal) Ding

Charlotte Falck

Emma Hafenbrak

Eva Hagel Macpherson

Nadya James-Roy

Karen Jensen

Taylor Kroeker

Grace Lynch

Aleksandra Planinich

Madeline Ritter

Jia Yi Shan

Mila Slutchuk

Grace Speirs

Jovy Taruc

Grace Thomson

Payton Watkins

Zoë Zaretzky

Grade 7 Zimmerman

Madelaine Baigrie

Mackenzie Bayrak-Newton

Saije Catcheway

Sophie Delaquis

Honor Hinchey

Natasha Hofer

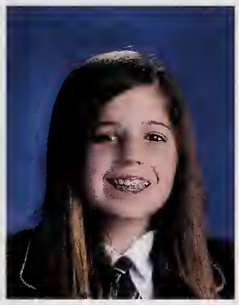
Emma King

Charlotte Kowall

Jasmin Luszeck

Una Mayberry

Aubree Reese

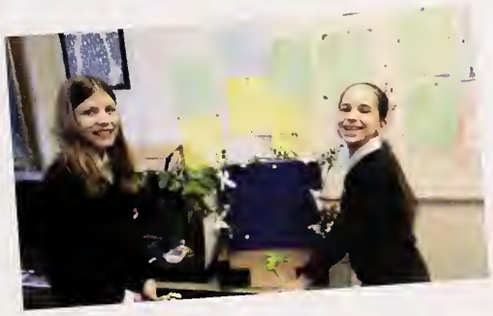

Brianna Ritter

Anmol Sharma

Lily Stewner

Portia Topnik

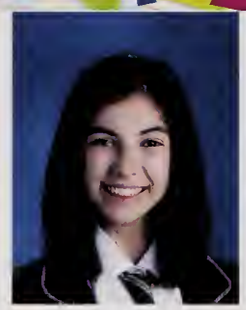
Irina Znamirowski



Grade 8 Mrs. Green

Shannon Buckle

Logan Chubaty Boychuk


Avery Fletcher

Scotia Fullerton-Collison

Camryn Gauthier

Kate Hokanson

Emma Joyal

Anna Layte

Kathryn Lyon

Brooke Mancusi

Amara Petker

Éliana Rodrigues

Mia Saurette

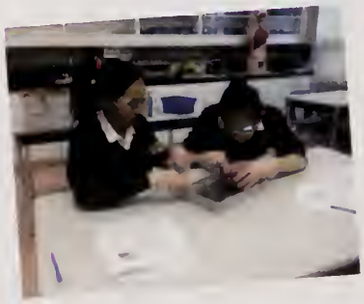
Dores Shenouda

Jessica Sui

Shu Yu (CiCi) Sun

Olivia Wilde

Kaylyn Zacharkiw



Grade 8 Mrs. Anderson

Emily Allan

Brooke Antman

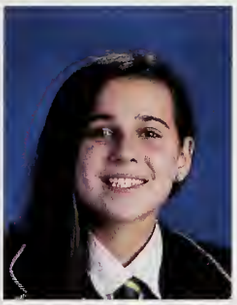
Barrett Arbour

Mia Battad

Kendra Hamin

Victoria Hastings Van

Brigid Hilliker


Anais Isford

Isabella Janzen

Marina Levit

Nikayla Little

Emma Machado

Samantha McDonald

Gabriella Nowicki

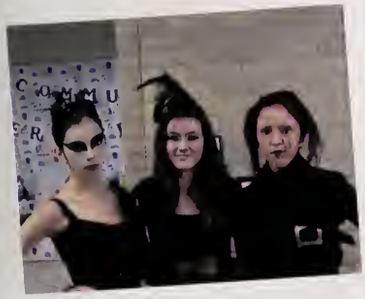
Arantza Solis Pinan

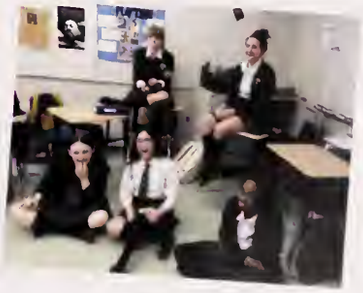
Victoria Stefanson

Michelle Tingey

Chelsea Venevongsa

Yi Yang (Ella) Yu

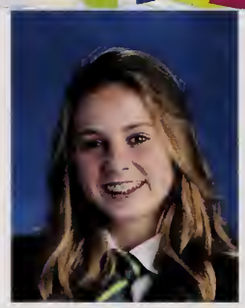




Grade 9

Savannah Aitken

Katelyn Battad


Payton Bell

Kirsten Benidickson

Rachel Bernhardt

Rachael Buchwald

Serena Buchwald

Ying Ning (Rosie) Deng

Shu Yu (Jessica) Duan

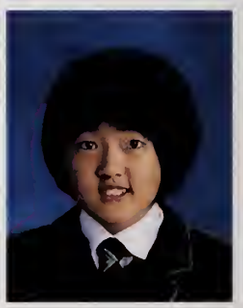
Shu Yu (Christine) Fan

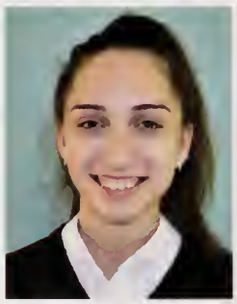
Samantha Frost

Miri Hagiwara

Shahd Haresha

Meghan Hatcher


Xin Wei (Gloria) Hu


Malina Hutsebaut

Emma Javra

Julia Johnson

Olivia Keane

Sarah Kowall

Madison Lacombe

Grade 9

Ru Jia (Bella) Li

Heye (Kathy) Liu

Lia Loewen

Alexis Lytle

LiZi (Alice) Ma

Emily McDonald

Claire Meier

Lauren Melnyk

Caitlynn Nguyen

Jennie Pham

Reese Precourt

Rachel Sabourin

Erica Sandilands

Senna Scerbo

Kristin Smith

Lindsay Speirs

Elizabeth Tingey

Jasmine Tingey

Yu Han (Angela) Wang

Victoria Young

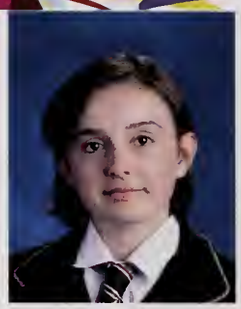
Ruo Lin Zhang

Grade 10

Jessica Andjelic

Sydney Baley

Wameed Ben Shaban


Alexandra Blake

Katherine Burley

Anne Campbell

Anais Casselman-Green

Xiao Yang (Emily) Chen

Gillian Chiu

Danelle Creighton

Morgan Dubyts

Winonna Gabriel

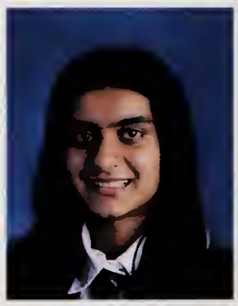
Karin Hamanaka

Sarah Haresha

Allison Hilliker

Xin Wen (Lora) Hu

Jia Dai (Ashley) Jiang


Sharon Joda

Sophie Joyal

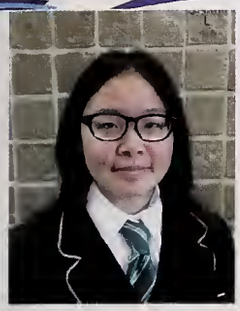
Jessica Kirshner

Freyja Kristjanson

Bo Wen (Bonnie) Li

YuQing (Lily) Li

Grade 10


Jia Wen (Sophie) Liu

Ke Xin (Summer) Liu

Samantha Machado

Olivia Meier

Feiruzai (Breanna) Mierxiati

Danielle Moreau

Hannah Pales

Umema Rafay

Maya Schwartz

Alora Simpson

Hayley Smith

Sara Sulaiman

Yi Lin (Rebecca) Sun

Zhe Wen (Sophie) Sun

Ai Ming (Michelle) Tan

Emily Thompson

Taylor Tom

Claudia Venevongsa

Duo Jie (Krystal) Wang

Zhi Heng (Hilary) Wang

Zi Hang (Lucy) Wang

Wei (Winnie) Zhang

Grade 77

Sara Ali

Asiyah Ashique

Chloe Balog

Katharine Bezte

Nihal Bhullar

Johanna Bruinooge

Camila Araiza Cadena Rodriguez

Li-Ta (Rita) Cheng

Alexandra Chubaty Boychuk

Daniella Daumler

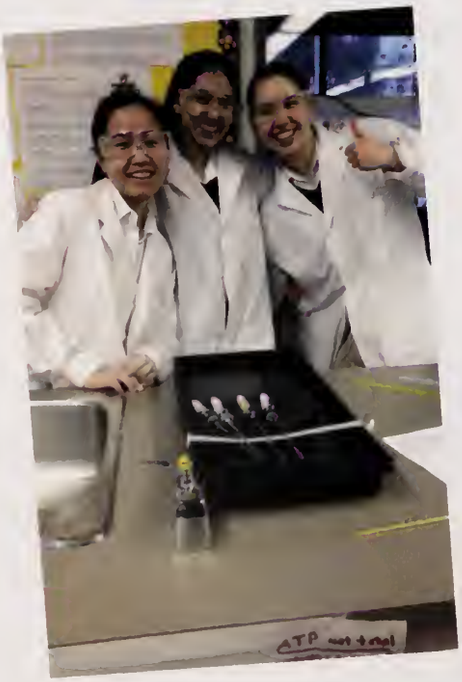
Xin Yuan (Elva) Fan

Sari Glow

Emery Gosselin

Yi Ying (Grace) Gu

Ryleigh Houston



Kim Hurst

Seo Yoon (Erin) Jeong

Da Yu (Kim) Jin

Coral Johnson

Grade 11

Dahniel King

Alycia Leafloor

Stefanie Leslie

Emily Middagh

Garima Moudgil

Paris Musaphir

Cady Pavagadhi

Kyla Piskor

Morgan Reitberger

Kira Ross

Leona Sim

Yu Xuan (Amy) Song

Tori Stebnitsky

Hui Qian (Ivy) Tang

Iqra Tariq

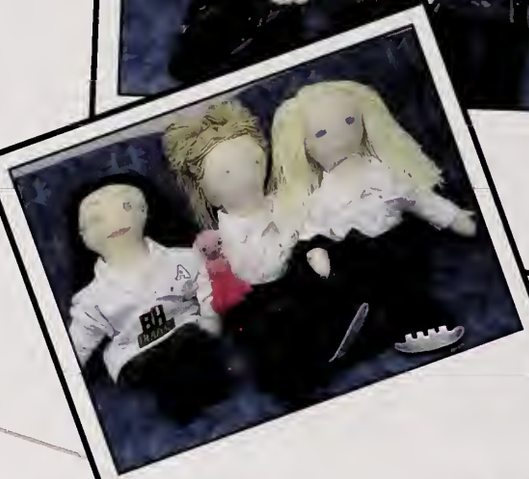
Alyssa Tyhy

Jai Shu (Iris) Wang

Polina Yurchenko

Krissia Zhao

Today is your day. You're off to great places! You're off and away!
Dr. Seuss

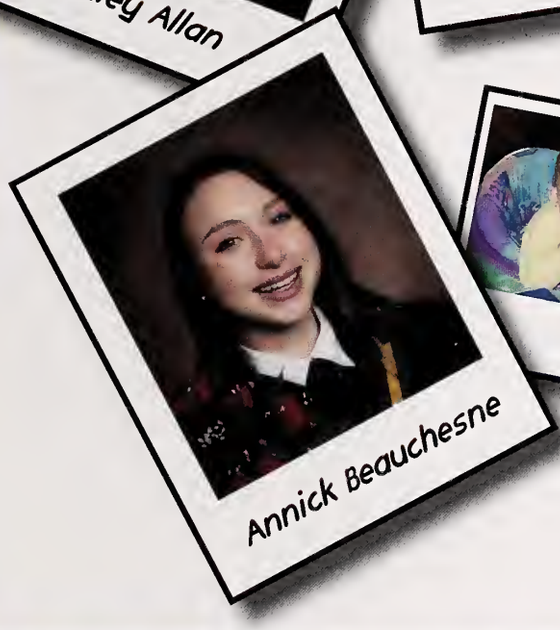


Kathryne Roller
Public Relations/Grad

As I write this, we are all very busy getting ready for the end of classes, exams and, of course, graduation. It is a very busy time, but one filled with nostalgia too. As Grad Prefect, I have spent much of the year thinking about graduation and planning the celebration, and that has made me see everything that happened this year a little differently. It was a busy year, one full of assemblies and those special events that make this school so active. For all their work and support, I thank the other prefects and our supervisor, Ms. Sveinson. I know for certain that there would be no graduation at all if not for Ms. Kirk (THANK YOU!) and Ms. McDonald has been great with her patience and her guidance. For the chance to be a part of it all, and the opportunity to plan a graduation celebration worthy of this great group of girls, I will always be very thankful.

Ashley Allan

"Disregard males, acquire currency."



Annick Beauchesne

"I am the secret to eternal life. I have existed since before the dawn of time."
Lil Bub

The graduates of 2015

"You will never have more energy or enthusiasm, hair, or brain cells than you have today."
-Tom and Ray Magliozzi

Leah Bernhardt

"Where's the potluck?"

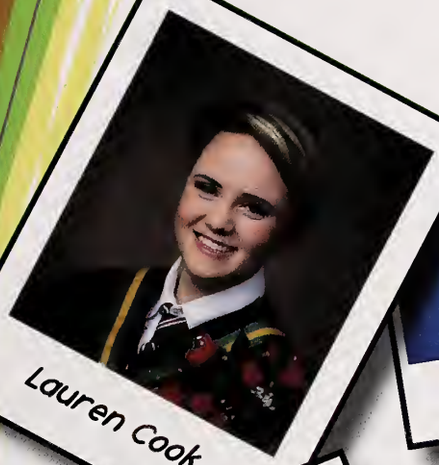
Tess Bracken

"If trees could scream, would we be so cavalier about cutting them down? We might, if they screamed all the time, for no good reason." - Jack Handey

Sophia Buller-Courage

"Giving up on your goal because of one setback is like slashing the other three tires because you got a flat."

Jessica Campbell



Lauren Cook

"Sandwiches are beautiful, sandwiches are fine, I love sandwiches,
I eat them all the time."
- Fred Penner

Chelsea Court

"All of our dreams can come true if we have the courage to pursue them."
- Walt Disney

Victoria Davidson

"Education is an admirable thing, but it is well to remember from time to time that nothing that is worth knowing can be taught."

Nicola DePape

"The greatest mistake you can make in life is to be continually fearing you will make one."
-Elbert Hubbard

"Please keep your smile, don't let reality change your smile, let your smile change the world."

Zhuo Ying (Shirly) Feng

"Work hard and be nice to people."
- Jay McGuiness

Genevieve Field

"Yes... I have small writing."

Sarah Gage

"I love my fans!" *Smiles at camera*

Jane Guberman

Hua Rui (Tiffany) Guo

"Wherever you go, go with all your heart."

Danielle Haasbeek

"Don't cry because it's over, smile because happened"
-Dr. Seuss

Sophie Hanson

"Ring the bells that still can ring
Forget your perfect offering
There is a crack in everything
That's how the light gets in"
-Leonard Cohen

Emma Holeman

"Magneto was right"

"I'm afraid you've gone completely bonkers! But I'll tell you a secret, all the best people are."
-Alice in wonderland

Bailey Horn

"Life is like a box of chocolates, you never know what you're gonna get."
-Forrest Gump

Yu-Jou (Marcia) Keng

"I always wished I could log gym hours for walking up the stairs."

Chai Sun (Olivia) Kim

"The biggest adventure you can ever take is to live the life of your dreams."
-Oprah Winfrey

Laurissa Kostiw

Jing Lin (Annie) Luo

"Today is a sunny day!"

Cassidy Maidment

"Discipline is just choosing between what you want now and what you want most."

Courtney Masson

"Follow your dreams, Follow C-Money."

Jessie McTaggart

"They misunder-estimated me." -George Bush

"I know everything about everybody in this school... C'mon... try me. I dare you."

Karen (Lexy) Müller Morán

"Remember the time I ran for sports captain???" *Arm flail*

Clarice Nguyen Hua

"Sometimes you climb out of bed in the morning and you think, 'I'm not going to make it,' but you laugh inside- remember all the times you've felt that way."

Alexis Ogaranko

"Enjoy the little things in life because one day you'll look back and realize they were the big things" -Kurt Vonnegut

Shannon Ormel

Rithikha Rajamohan

"I know not all that may be coming, but be it what it will, I'll go to it laughing."
-Herman Melville, Moby Dick

Aurora Robert

"Eat clean to stay fit, have a burger to stay sane."
-Gigi Hadid

Kathryne Roller

"The most courageous act is still to think for yourself. Aloud."
-Coco Chanel

Simran Roopra

"3...2...1..."
THUNDERCLAP

"I guess if this is in the yearbook, that means I passed pre-cal."

Kaitlin Ross

"Never enough time"

Abigail Scott

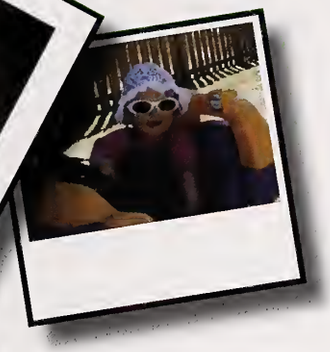
"I swear...my socks pulled themselves down!"

Kati Tabin

"Don't ever, for any reason, do anything, to anyone, for any reason, ever, no matter what, no matter where, or who, or who you are with, or where you are going, or where you've been, ever, for any reason whatsoever."
-Michael Scott, The Office

Alexandra Trann

Rylie Wills



"What am I supposed to wear now?"

Wan Ting (Arabella) Xie

"My wish is that one day, everyone has no trouble pronouncing my last name."

Shu Jia (Suzy) Zhang

"Forget what's gone, appreciate what remains, and look forward to what's coming next."

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BLAZERS

HOMIE

Doll Assembly & Lifers

It is a tradition every year for the grade 11s to individually create a mini version of each of the grade 12s as dolls. It takes a lot of sewing, stuffing and commitment throughout the year. The highlights of the doll assembly consists of different choir performances, a lifer video and the singing of the Best Friends song. It was successful as it is every year. The grade 12s absolutely loved their dolls and will definitely cherish them for life.

BH Alumnae President, Nancy Cipryk, welcomed the graduates into the Alumnae Association

Tess Bracken and Chelsea Court received their dolls from fellow Blazers hockey teammate, Leona Sim

Top Row: Polina Yurchenko, Emily Middagh, Kyla Piskor, Leona Sim, Stefanie Leslie, Ryleigh Houston, Tori Stebnitsky
Bottom Row: Jessica Campbell, Shannon Ormel, Laurissa Kostiw, Tess Bracken, Chelsea Court, Danielle Haasbeek, Rylie Wills, Kati Tabin

Shirly Feng, Suzy Zhang, Tiffany Guo, Annie Luo, Marcia Keng, and Arabella Xie

The assembly concluded with the traditional singing of the "Best Friends" song

"The lifetime I have spent at Balmoral Hall has gone by too quickly. On behalf of the Lifers of the 2015 graduating class, I think it's safe to say that this school is nothing short of a second home - a place where we will always find comfort, friends, and family roaming the halls. Most people are overjoyed with the prospect of leaving their high school, but as I entered my last year at Balmoral Hall, I found myself experiencing a bittersweet feeling at the thought. I realized way too late that my time here would come to an end much quicker than I really wanted. I am excited for what's next for me, for my fellow Lifers, and for all the graduates of 2015, but I also know that I will dearly miss this wonderful BH family."
By Alexandra Trann, 2015 Lifer

The Lifers swagged all over Mrs. Steek's Thunderbird

Victoria Davidson, Leah Bernhardt and Alexis Ogaranko

Jane Guberman, Cassidy Maidment and Jessie McTaggart

Alex Trann, Emma Holeman and Annick Beauchesne

Nicky DePape, Kathryne Roller and Sarah Gage

Aurora Robert, Victoria Davidson, Baily Horn

Top Row: Alex Trann, Alexis Ogaranko, Leah Bernhardt, Jessie McTaggart
Middle Row: Cassidy Maidment, Sarah Gage, Nicky DePape, Victoria Davidson, Jane Guberman
Bottom Row: Emma Holeman, Annick Beauchesne, Aurora Robert, Kathryne Roller, Bailey Horn

Closing Ceremonies

Aurora Robert, Victoria Davidson, Bailey Horn and Lexy Müller Morán performed the "Seasons of Love"

Kady Evanyshyn presented the Arts Award to Alexandra Chubaty-Boychuk

Jane Guberman led the grads in to the closing exercises ceremony

Alycia Leafloor earned the United Way Student Community Service Award for exceptional volunteerism

Simran Roopra's leadership and dependability during all school activities earned her the Elizabeth Patton Memorial Shield

Ms Aynsley Baldwin '99 addressed the class of 2015, "I wish you the best with all the dreams you have today but especially for the dreams you have not dreamt yet."

Sophie Hanson received The Governor General's Medal for academic standing in grades 11 and 12 combined as well as the N. Thomas Russell Award for leadership by example

Rosie Deng accepted the Laura Milner White Volunteer Award from Julia White

Courtney Mason celebrated the Ballater House Points victory

Sophia Buller-Courage was recognized for her top marks in grade 12 with the Head of School Award

Anne Campbell's passion for skating earned her the Betty (Holden) Buggey Scholarship and her love for science earned her the Dr. W. Grant Beaton Science Award

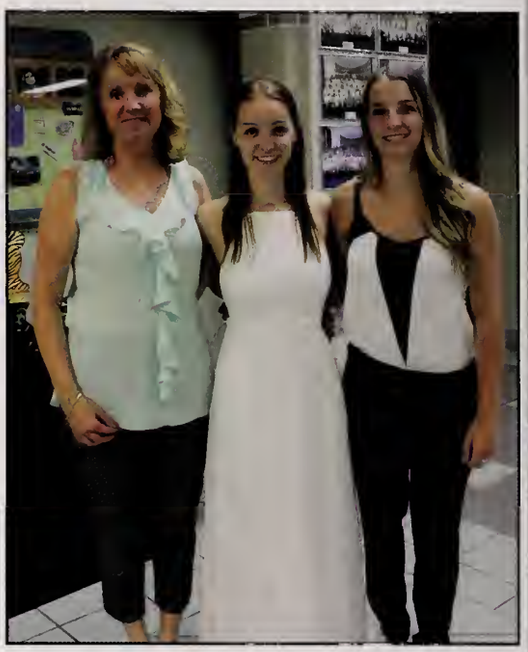
Elizabeth Ann Sherman English Literature award is presented to Elizabeth Tingey

Bailey Horn received the Robert M. Shaw Memorial Award for her leadership and strong musical skills

The Ariana Meyers Excellence in Public Speaking and Debating Scholarship was awarded to Katherine Burley

Garden Party

After convocation, all the staff, students and family gathered back at the school to socialize with one another. There were many finger foods and refreshments to enjoy while celebrating this special day.



Kaitlin Ross with her mom and her sister Megan Ross

Sophie Hanson and her parents

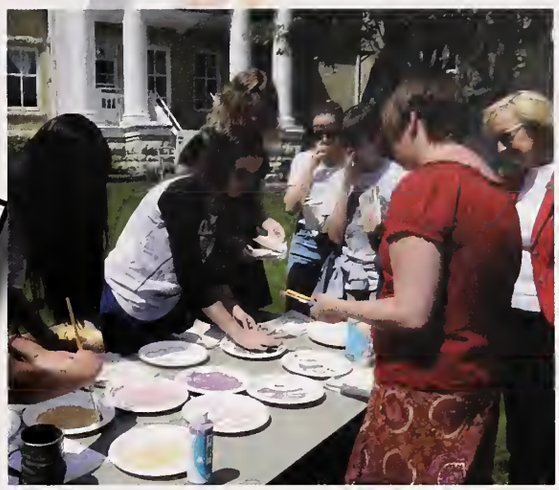
Shannon Ormel and her mom

Courtney Masson, Olivia Kim, Abigail Scott, Mr. Krymusa, Simran Roopra, Alexandra Trann, Lexy Müller Morán

BH Alumnae Ericka and Claudia Müller Morán came to see their sister Lexy Müller Morán graduate

Alexandra Trann and her parents

The graduates worked very hard to perfect the design of their handprints



Kaitlin Ross and Ashley Allan

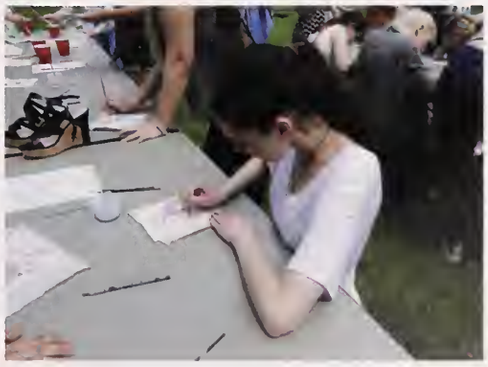
Handprints

Imprinting handprints on tiles is a tradition at Balmoral Hall every year. Each graduate receives a tile to stamp her handprints on with paint. There are different stations to decorate these tiles with pictures and writing to make each individual tile unique. These tiles will be put up within the school in the near future.

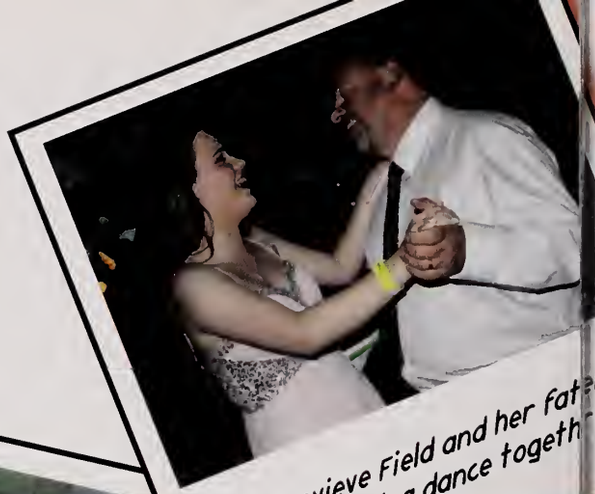
Aurora Robert

Genevieve Field

Victoria Davidson



Sophia Buller-Courage, Nicola DePape, Olivia Kim, and Abigal Scott



Genevieve Field and her fat
enjoyed a dance togeth

The graduating class of 2015 used a selfie stick to take final group picture together

Bailey Danae, Nicola DePape, Genevieve Field, and Lexy Müller Morán

Emily Middagh, Danielle Haasbeek, Rylie Wills, and Shannon Ormel

Emma Holeman, Rithikha Rajamohan, Alexandra Trann, and Sophie Hanson

Emily Chen, Grace Gu, Shirly Feng, and Ashley Jiang

Grad Dinner

After convocation, the graduates of 2015 gathered at the Fairmont Hotel to celebrate their years of hard work at Balmoral Hall. The graduates enjoyed beverages with their guests, classmates, and teachers before entering the ballroom and dining on a wonderful meal. Throughout the evening, many memorable speeches were delivered, including a toast to the parents and a toast to the teachers. Mr. Williams and Ms. Kirk, with the help of many of the other teachers the 2015 graduates had spent time with over the years, had prepared a heartwarming Memory Lane video that they shared with the graduates, bringing many of them to tears.

Bailey Danae and her sister, Balmoral Hall alumna Kaitlin McGill

Alexis Ogaranko, Leah Bernhardt, Tiffany Guo, and Annie Luo

Annick Beauchesne, Jane Guberman, and Clarice Nguyen Hua

Laurissa Kostiw and Jessica Campbell

Congratulations Class of 2015

Valedictory Speech

Good morning. It is a true honour to be speaking to all of you today: Parents, teachers, fellow students, staff, friends, members of the BH family, and of course the graduating class of 2015.

My friends, we've made it. This is the end of our time at Balmoral Hall. This is kind of a big deal, a momentous occasion. Considering that we're a unique grade made up of wonderful girls with individual personalities. I can't exactly pinpoint what our overall attitude is toward graduating. Each of us has our own feelings and thoughts toward this shared experience of ours.

In fact, it is quite intimidating for me to have to speak on behalf of the entire class. Each one of us is so different. We're human beings who are complicated and interesting and special. And I have been so lucky to have spent time with all of you and share the same space, whether it was for one year or for twelve. I've gotten to know all of you in this small slice of our lives. I've been able to learn many of your quirks, discover all of your varied talents, and see all of your beautiful faces. Our futures are all going to be completely different and, in my eyes, bright. I'm an optimist.

I know that we all have our own struggles and our own insecurities. That's part of being a human being. But I'm supposed to be telling you all something that is inspiring, insightful and wise, despite my limited life experience. So, here it goes: I don't want you to let those struggles and insecurities to prevent you from living your life.

At this moment, we are facing the future. The future is rushing toward us like a freight train. I practically have the words future emblazoned in my mind, like a neon sign. It's like we're on a precipice, a metaphorical precipice, that is. To some degree, all of us are feeling afraid. Just a tiny bit, admit it, and that's normal, because the future is unknown. Humans fear the unknown. It's okay to be afraid, because along with this great unknown, the future, we are dealing with an incredible amount of pressure. Pressure to be successful, to be great, to be a leader, to make something of our lives, and this pressure is coming from all directions.

I don't want this pressure, combined with your struggles and insecurities and your fear to prevent you from living your life. If there is one thing I want you, my friends, to take away from this speech it is this: You can do it! With a million exclamation points! I have never been more confident about anything else than I am about this.

So I'll say it again: You can do it!

Why am I so confident? Because I know you guys, and I know that every one of us has the potential to be great, and find our own version of success, and be happy, and become a princess who is also an astronaut. That was my personal goal. Every one of us has this potential in us, and this potential for success can become the real deal if we don't let life beat us down. All we need to do in order to become successful is to be our wonderful selves. A very wise man (Mr. Kerr) told me that the person who is successful is the person who has been true to themselves, and a very wise woman (Ms. Akerstream) told me that as long as you have been good and kind, you have fulfilled your purpose. That also makes a great deal of sense. So basically as long as you are true to yourself, and good to others, you can find success.

Success isn't about money. It's not about having a title, or power, or a big house or a partner who is a model. Those are just nice bonuses that may or may not come in life. If you live your life with these things as your goal you will never reach success. Each one of you is so talented and unique that if you just do what Mr. Kerr and Ms. Akerstream and all of our other teachers say, greatness will come. If you live your life passionately and stay true to yourself, and do your best at what you love or at least like, greatness will come. I'm sure of it, because we, as a group, are the human manifestation of potential.

I hope I've gotten my point across in some small way. Maybe I could have summed it up in fewer words. For example, don't worry, be happy. Be yourself, be happy. Be kind, be happy. You can do it! Don't panic! I have faith in each and every one of us. If none of this makes any sense to you, at least when you have trouble sleeping at night, you can say to yourself, "Annick believes in me". I hope you can find solace in that.

I have finished with the advice portion of this speech. That was exhausting. Once again, it's really hard for me to speak on behalf of you, my friends, because we're all so different. I'm not going to say that these have been the best years of your life, nor am I going to say that they've been the worst. No matter what, this has been time in your life, and that means something. because it is impossible to spend time at BH and simply spend time. We've all made connections in this school, made friends, learned stuff and now it's time to say goodbye.

First, I'd like to say goodbye to the teachers. Thank you for making us laugh, teaching us educational stuff, being our parents away from our parents, making us think, and making us cry (sometimes). We've seen you every day at school. You've been an undeniable presence in our lives. You have taught us so much, and dare I say, you have become our friends.

We are going to miss you.

I'd like to say goodbye to our fellow students. Perhaps we're just another class that's graduating before you, but chances are we're your friends. Whatever the case, in this tiny school, we've been the familiar faces in the hallway, and we've made eye contact several times as you go up the stairs on the wrong side. We've stuffed our faces next to you at bake sales, and we've sat with you during many scintillating assemblies. We are going to miss you.

Finally I'd like to say goodbye to the parents. Some of us are moving away from you, and some of us are staying home. Whatever is happening next year, things will be different, because we'll technically be adults, and we will use that as leverage in many situations. Parents, you have always been there. You have influenced us more than anyone else ever has, or ever will. You were there for us when we were sick, when we were having temper tantrums and when we were being unnecessarily rebellious. You changed our diapers, that's love. You've ushered us through life.

Thank you, thank you, thank you.

I'm going to end this speech with a quote. As Patrick Starr said in the popular children's television show Spongebob Squarepants, "Life is like a fancy bowl of assorted cashews". Since BH is a nut free school, it's finally time for us to taste those cashews.

Thank you BH. It's been a pleasure. Annick Beauchesne

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The Yearbook Company
Printed in Canada on Acid Free Paper

Be

Be Focused

Be Positive

Just Breathe...

Happy!